

# **Biomedical Engineering Aspects of Dermal Blood Flow and Edema**

**1. Skin Physiology and Blood Circulation**

**2. Blood Perfusion via Laser-Doppler Methods**

**3. Application of Spectral Analysis**

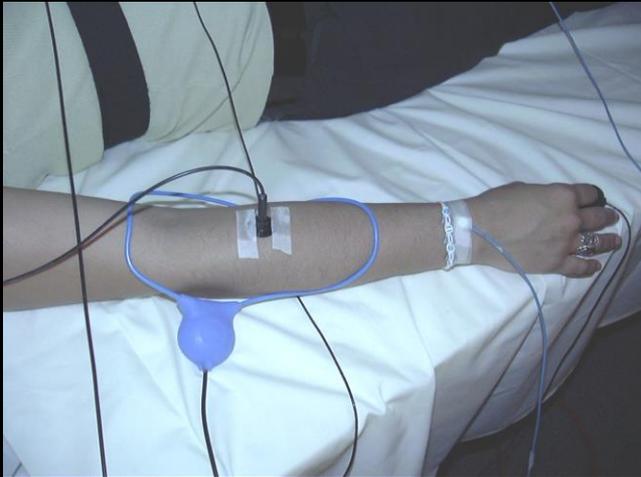
**4. Tissue Edema Mechanisms**

**5. Edema Assessment Methods**

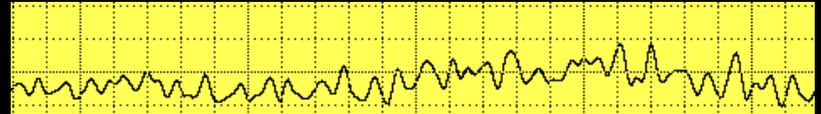
**6. Demonstrations**

# Some Current Research

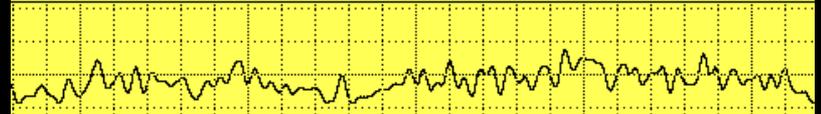
## Impact of Electric & Magnetic Fields on Blood Flow



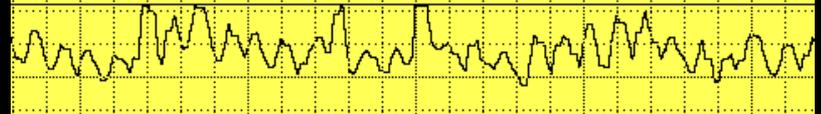
Q1



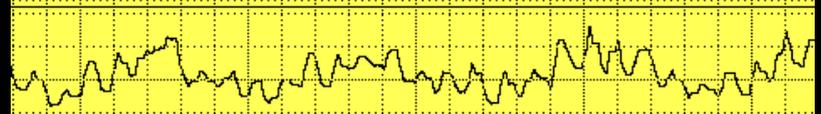
Q2



Q3



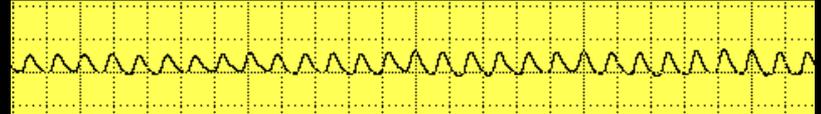
Q4



PPGR



PPGL

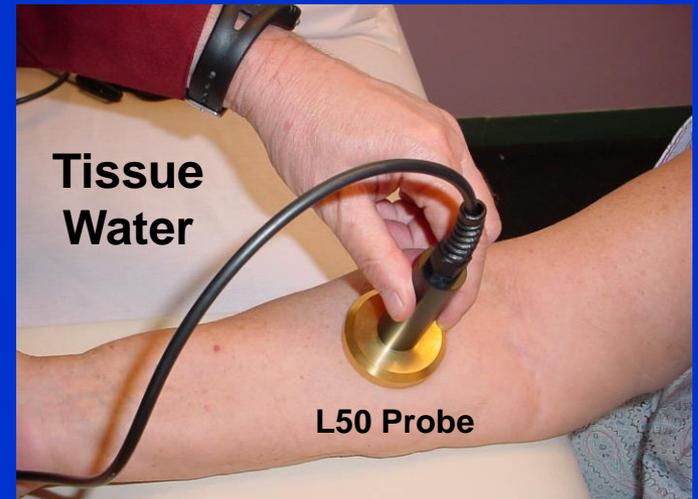


RESP



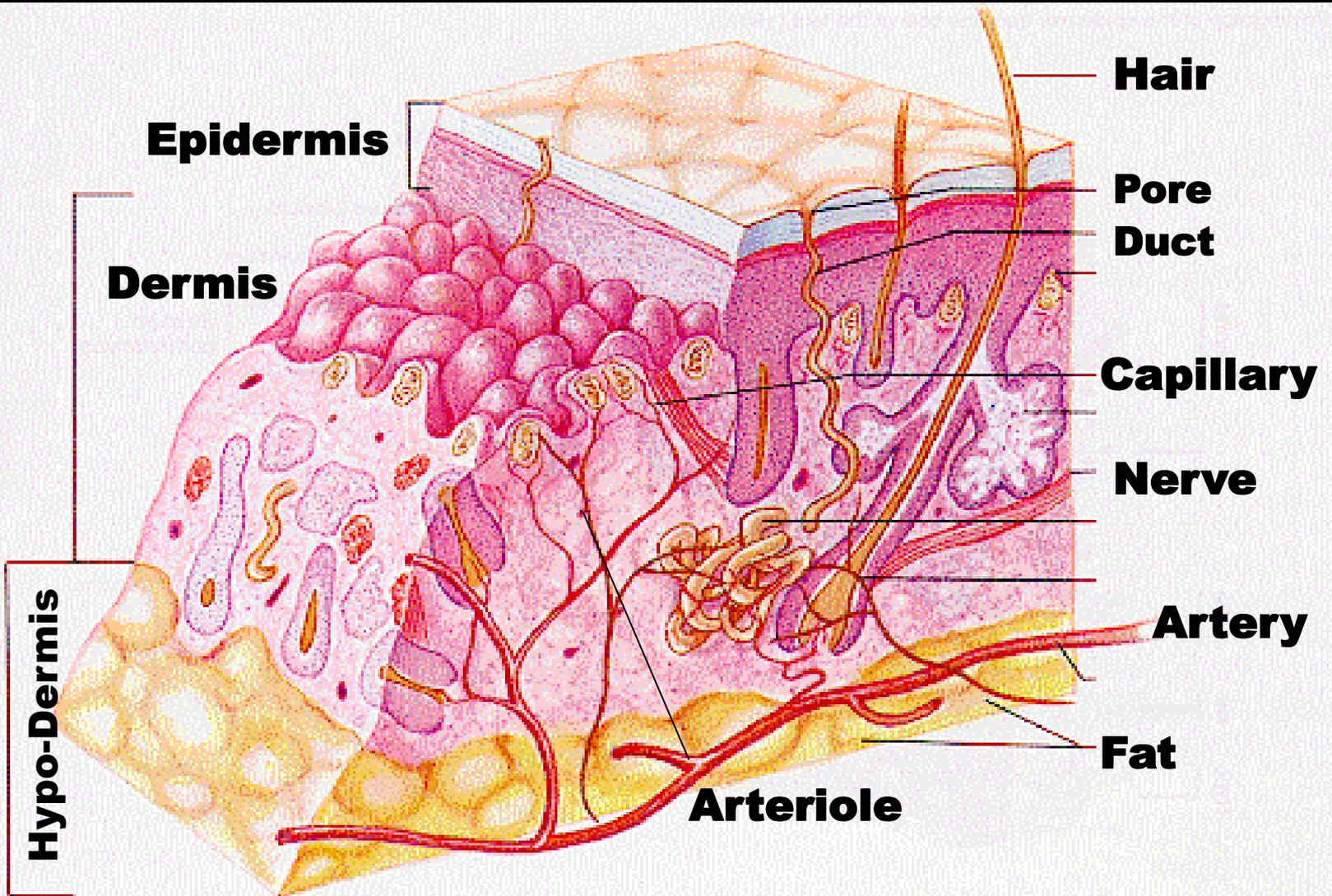
# Some Current Research

## Assessment Of Lymphedematous Limbs



# **Skin Physiology & Blood Circulation**

# Overview of Skin Features



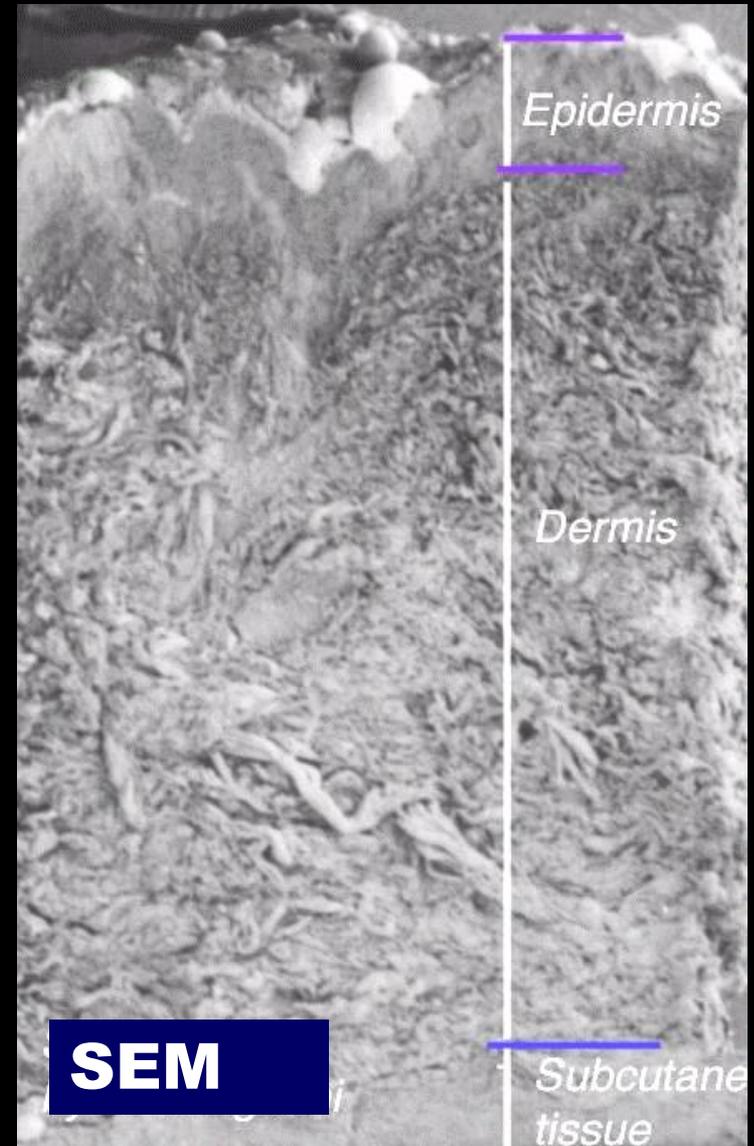
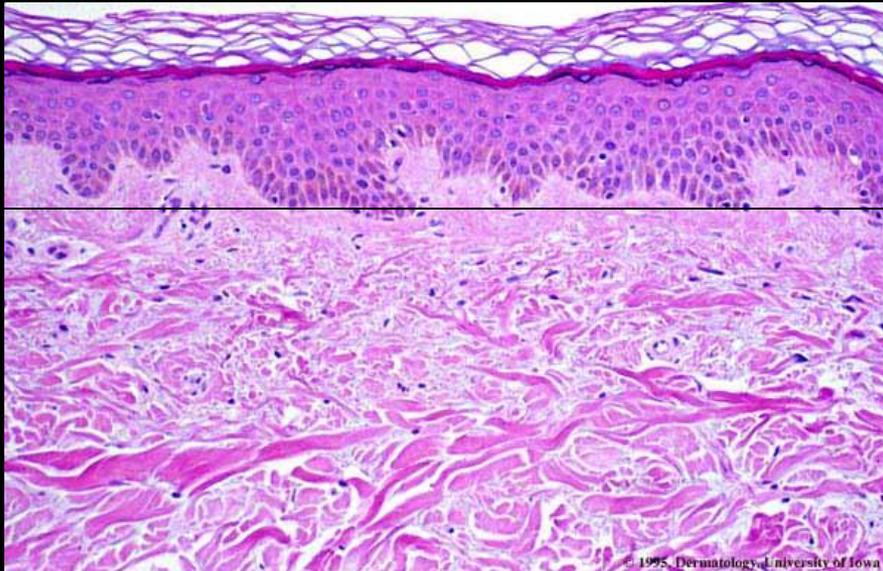
# Skin Thickness

## Acral (Most)

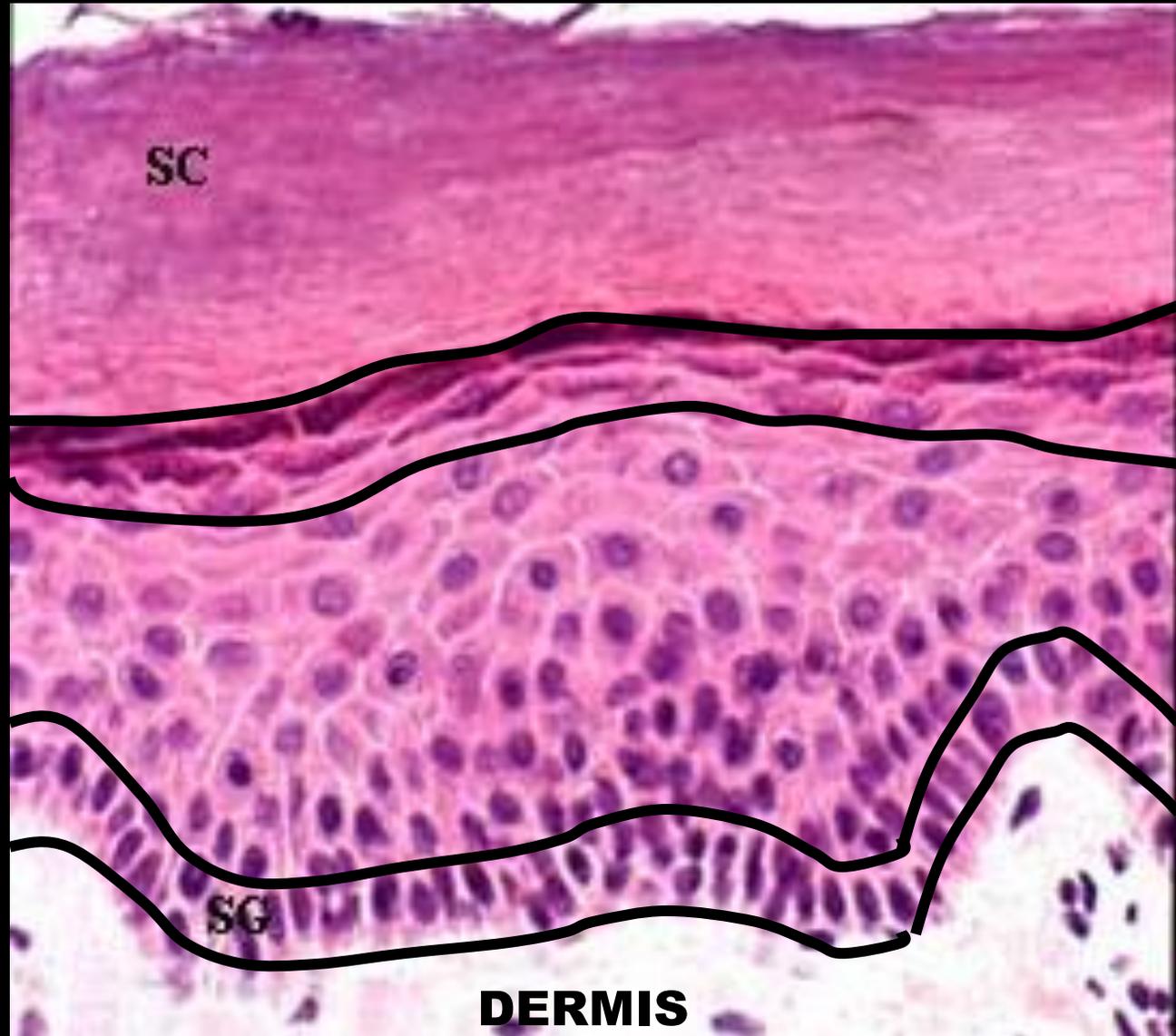
- Thin Epidermis 50-200  $\mu\text{m}$

## Glabrous (hairless)

- Palms of hands (Palmer)
- Soles of feet (Plantar)
- Thick Epidermis  $\sim 0.5- 5 \text{ mm}$



# Epidermis (Histology)



**Cornium**

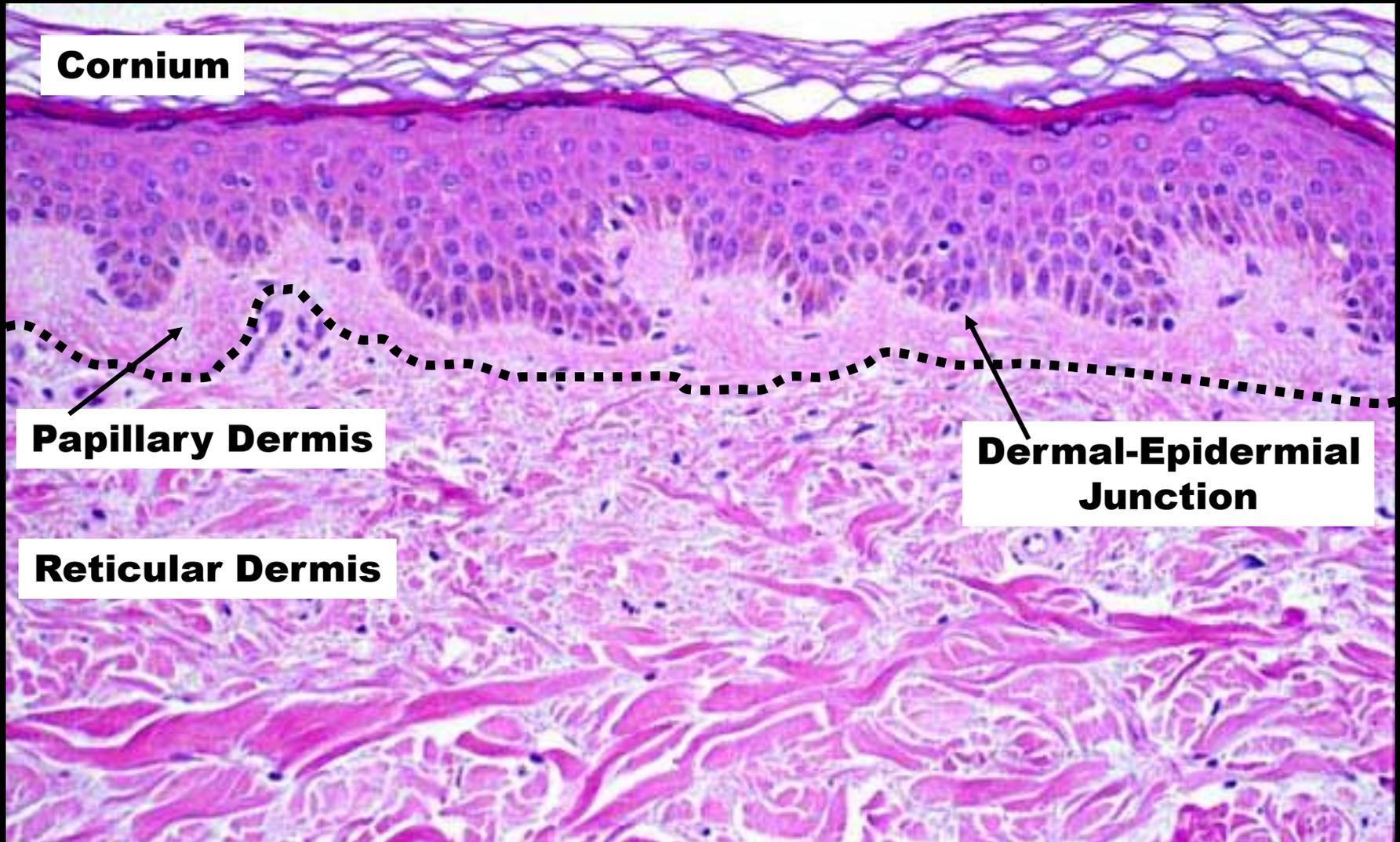
**Granulosum**

**Spinosum**

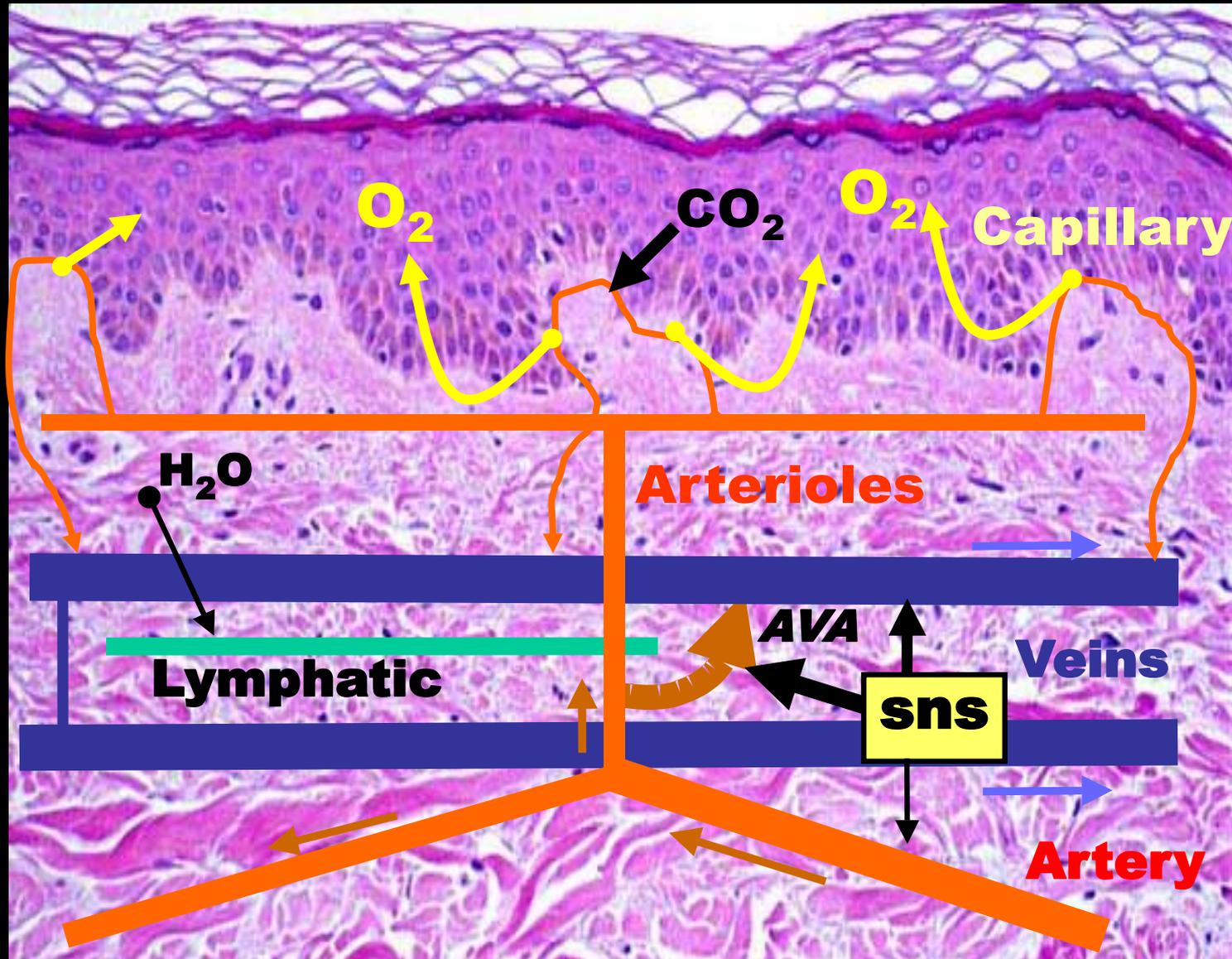
**Germativum  
(Basal)**

**DERMIS**

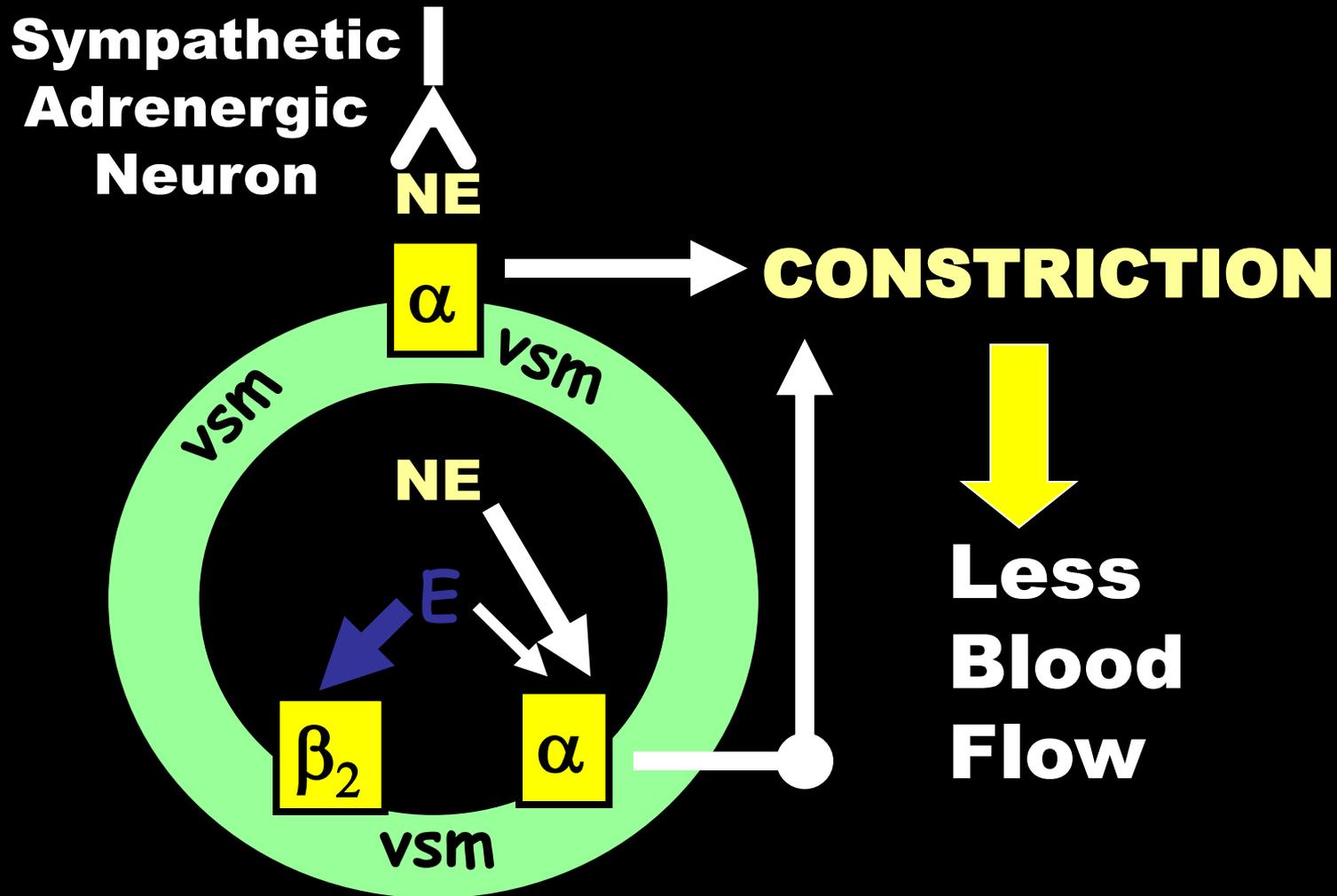
# Dermis (Histology)



# Blood Circulation Schema

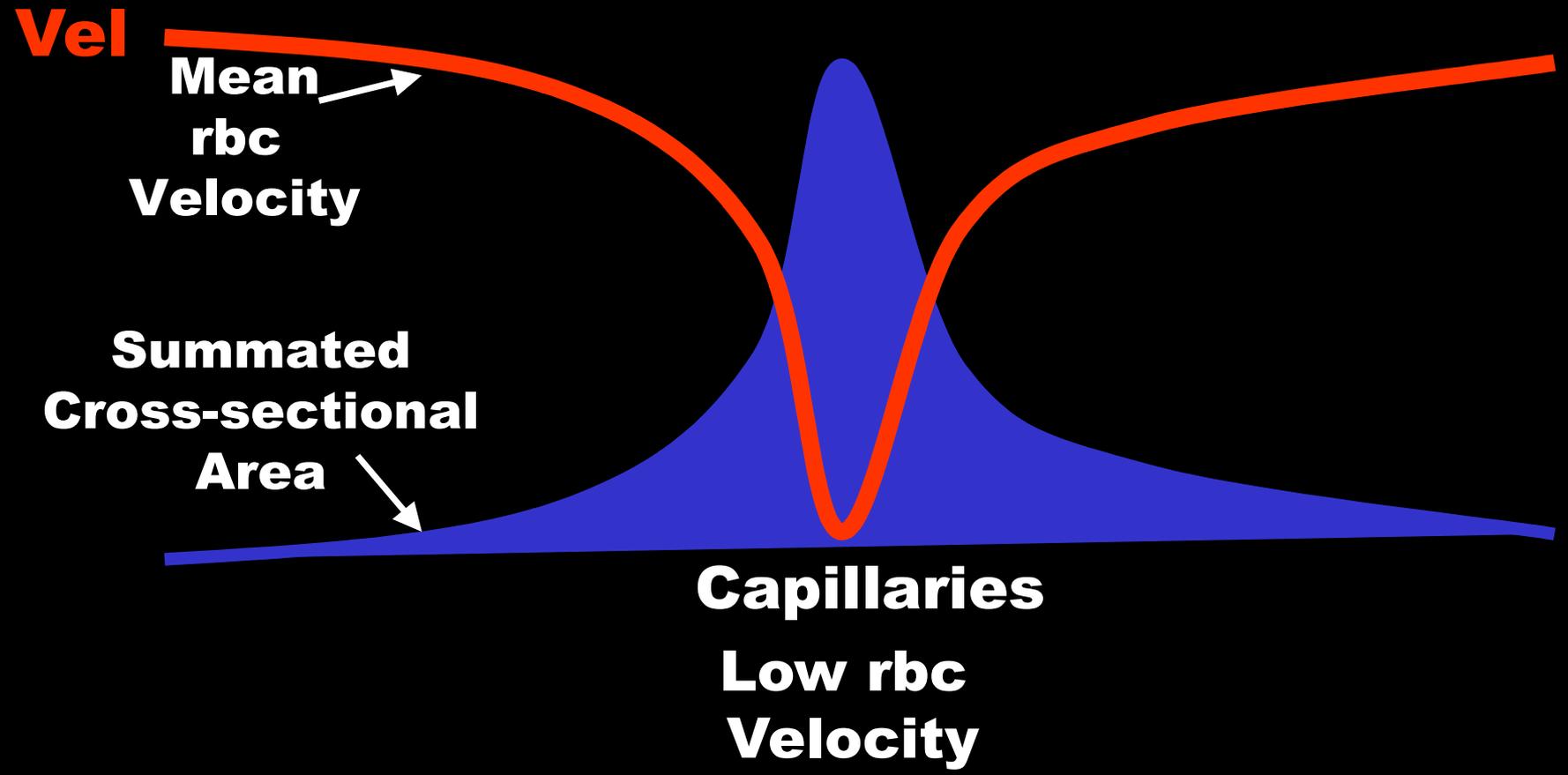


# Arteriole and AVA's



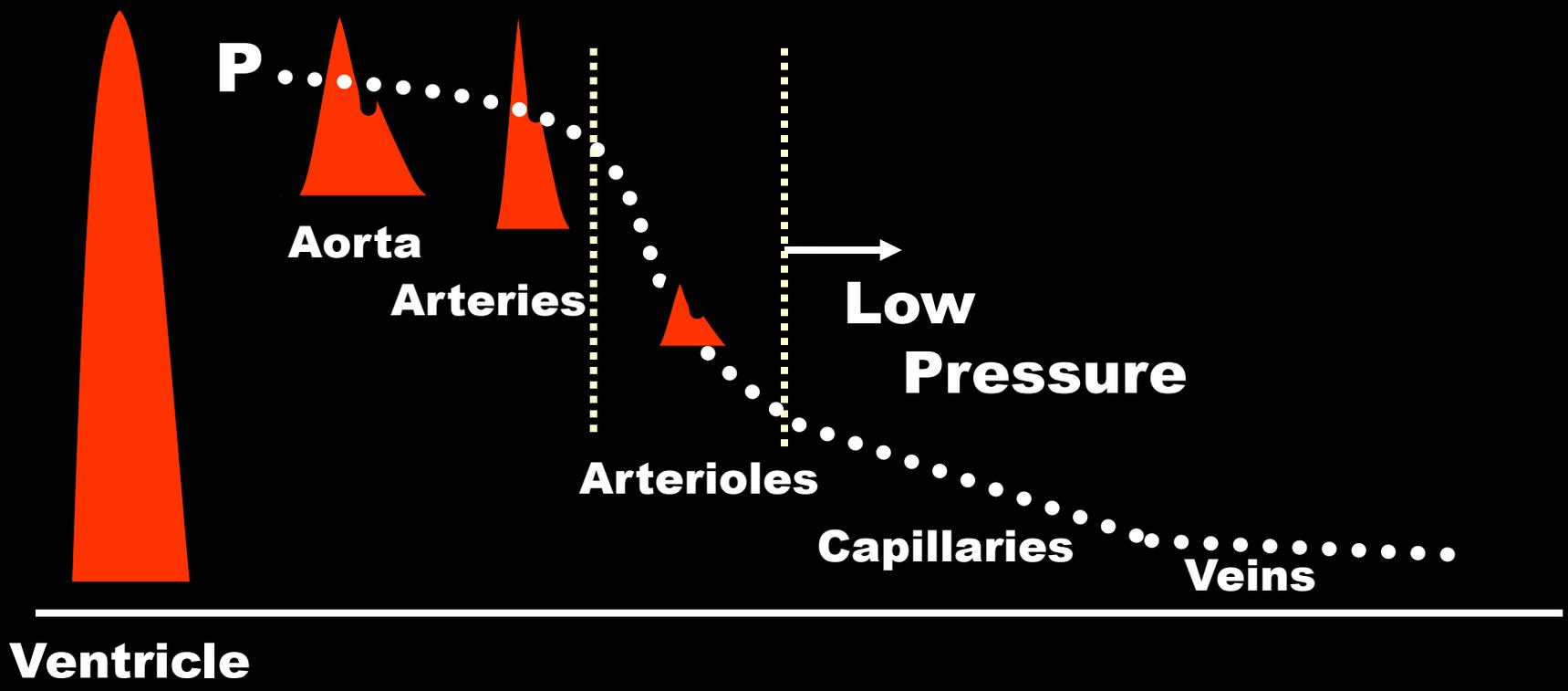
# Hemodynamic Factors

## RBC Velocity



# Hemodynamic Factors

## Pressure

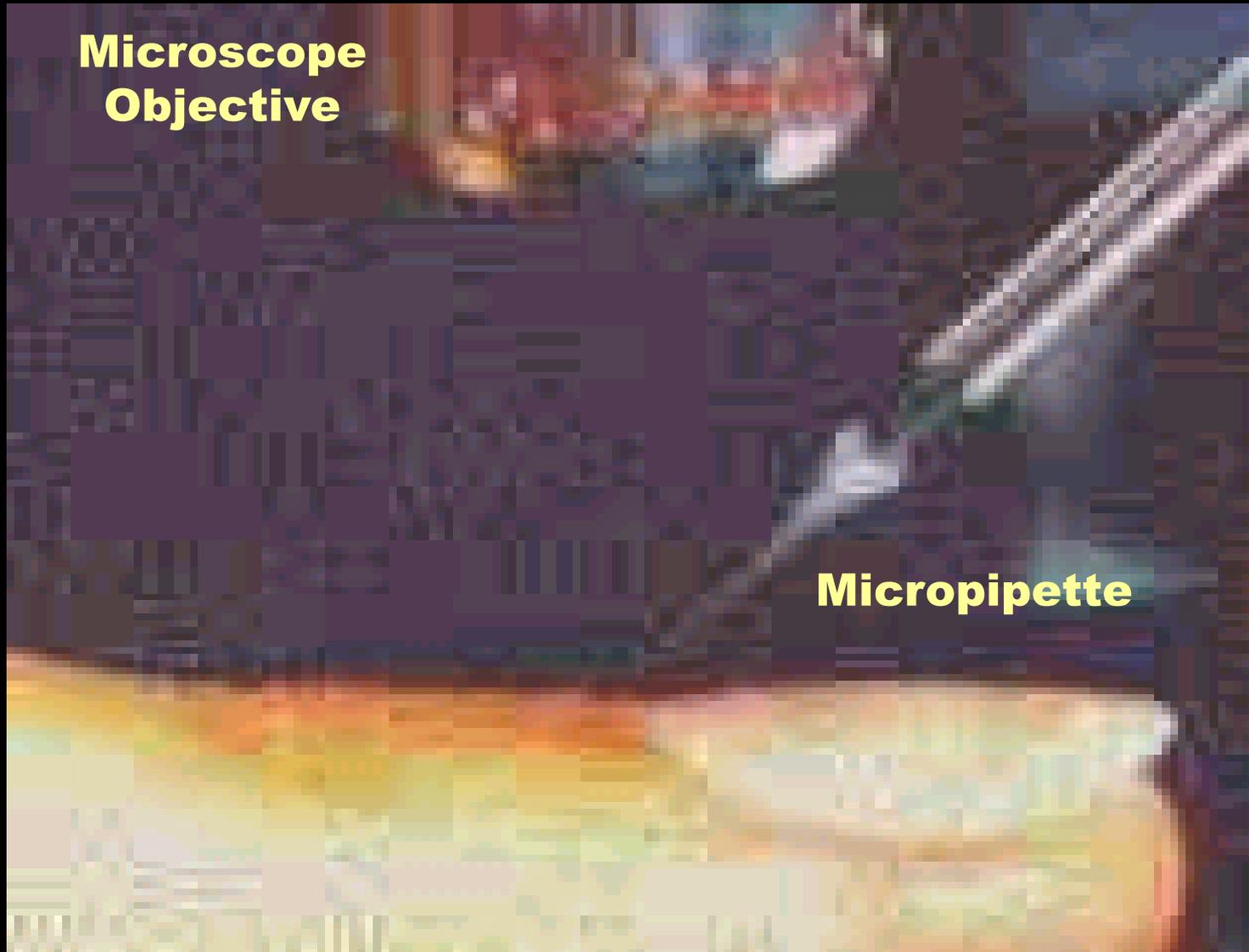


# **Capillary Pressure Measurement**

# Servo-null Method



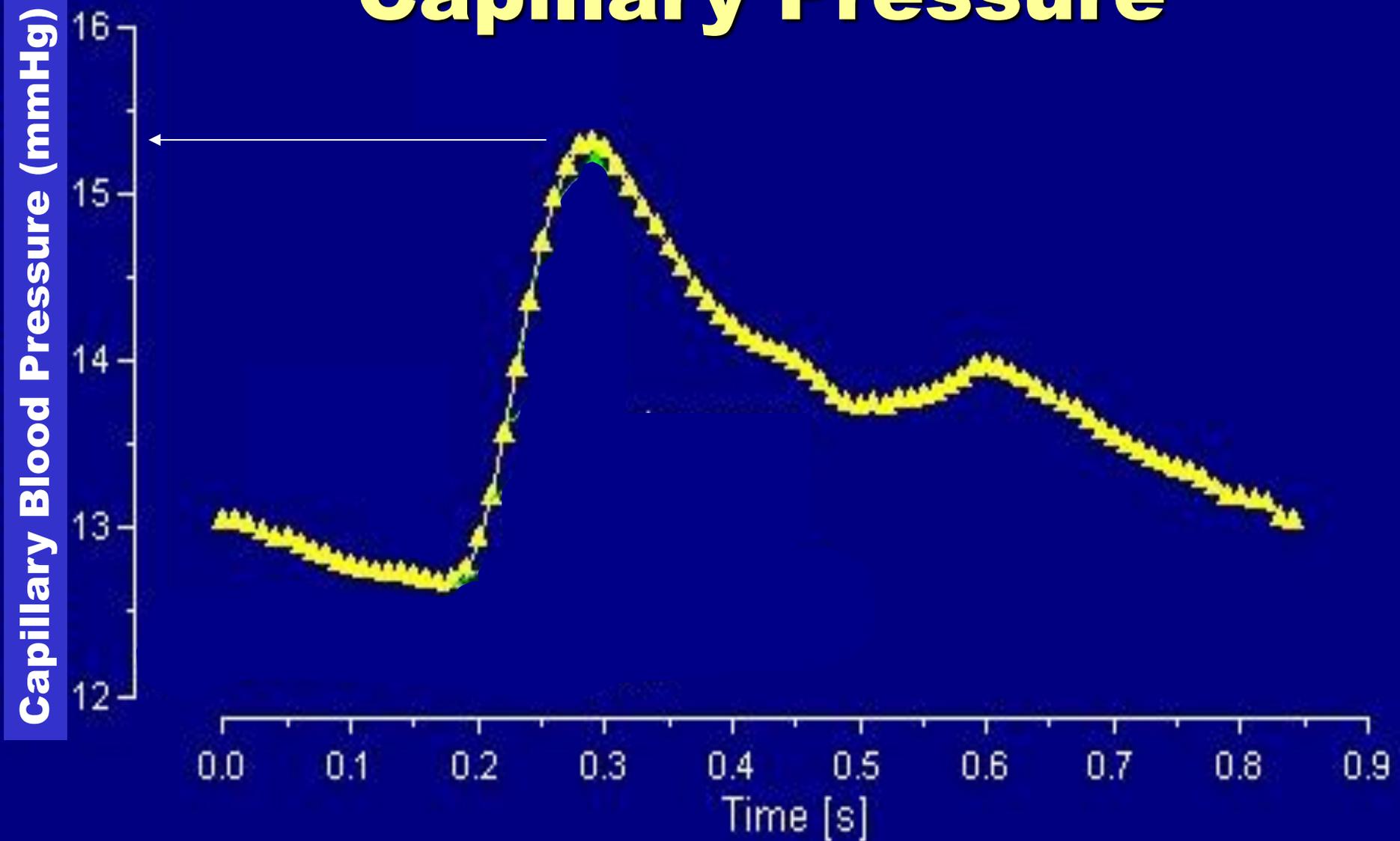
# Skin Nailfold Capillaries



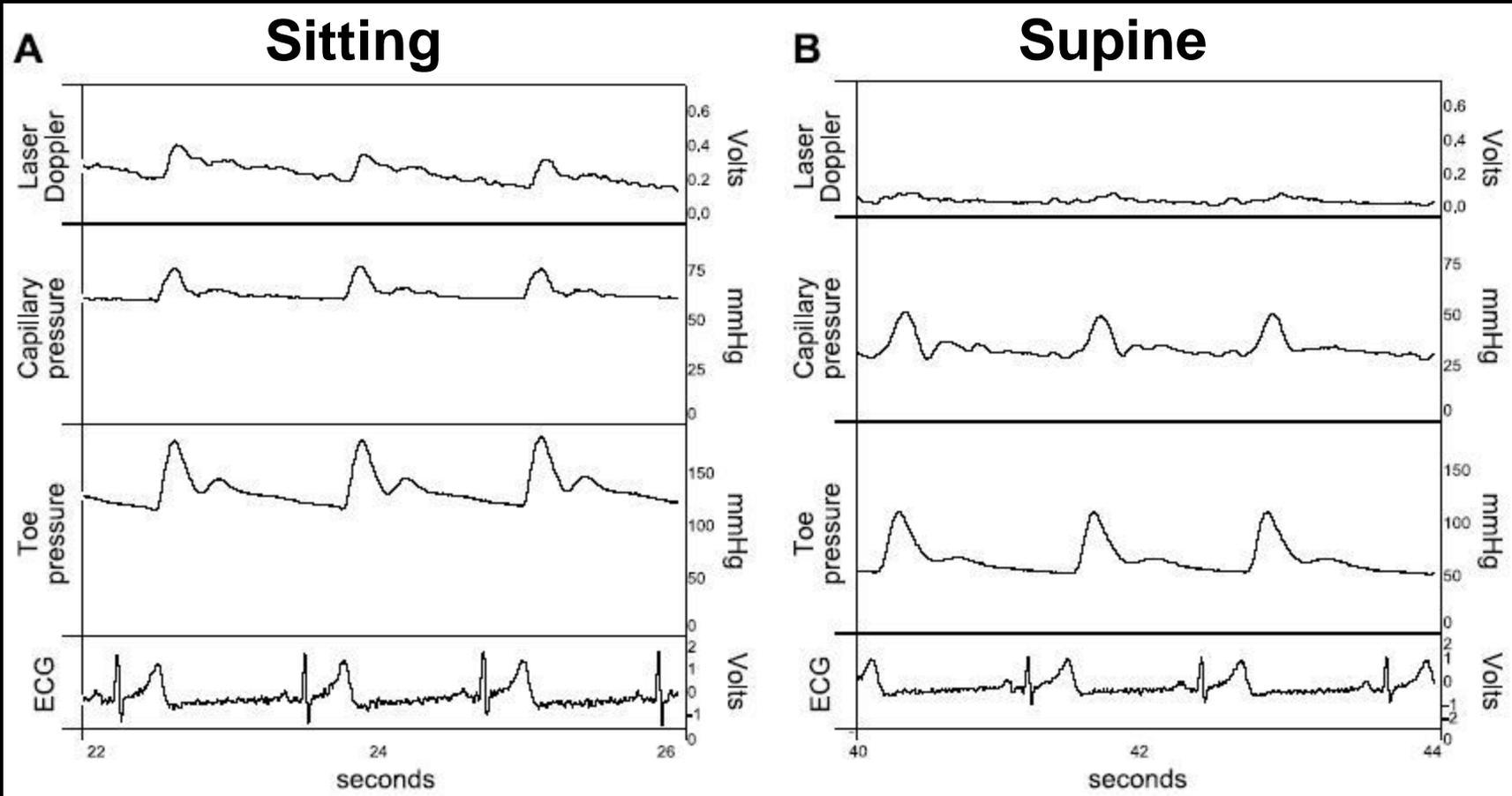
**Microscope  
Objective**

**Micropipette**

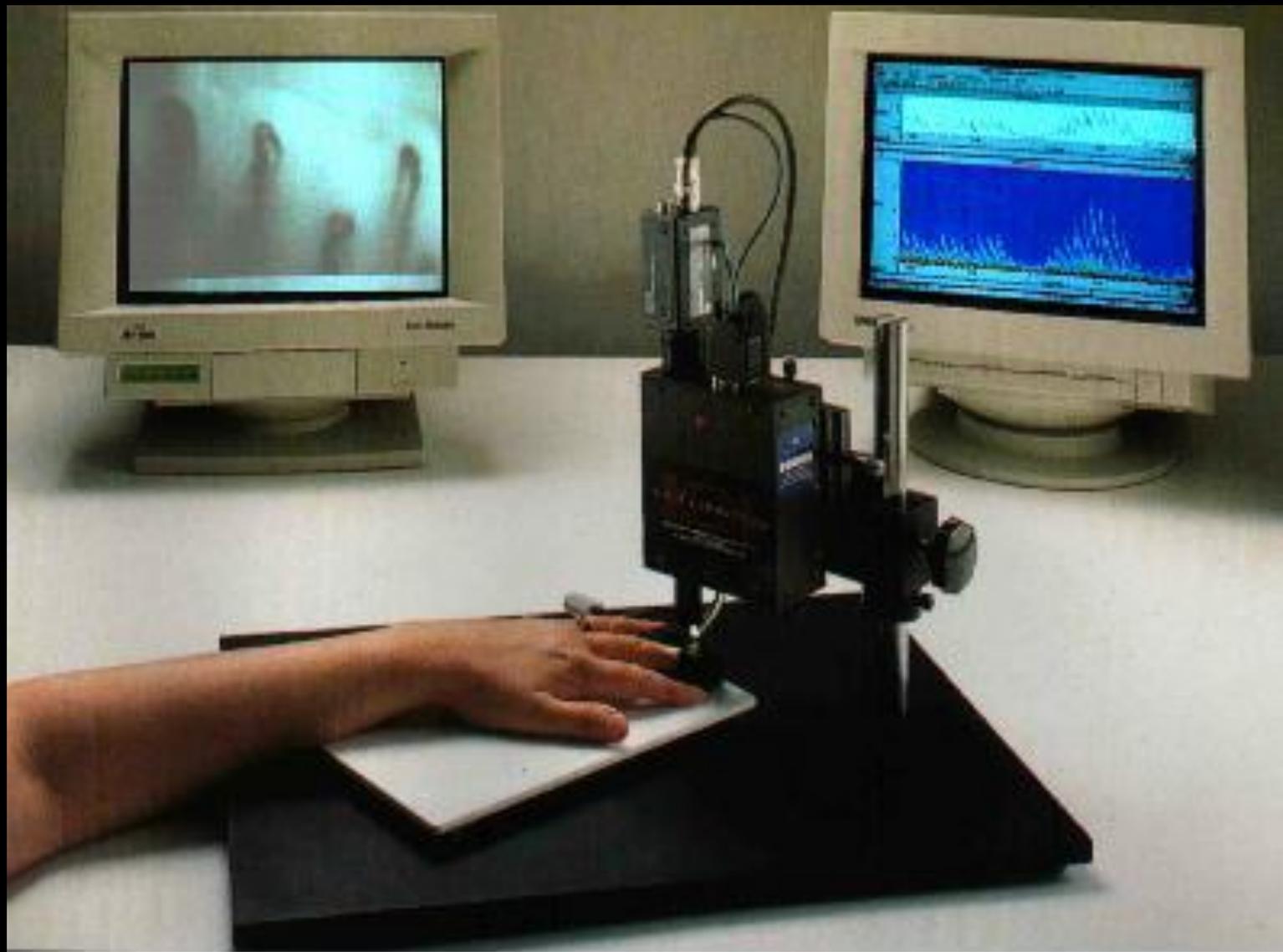
# Capillary Pressure

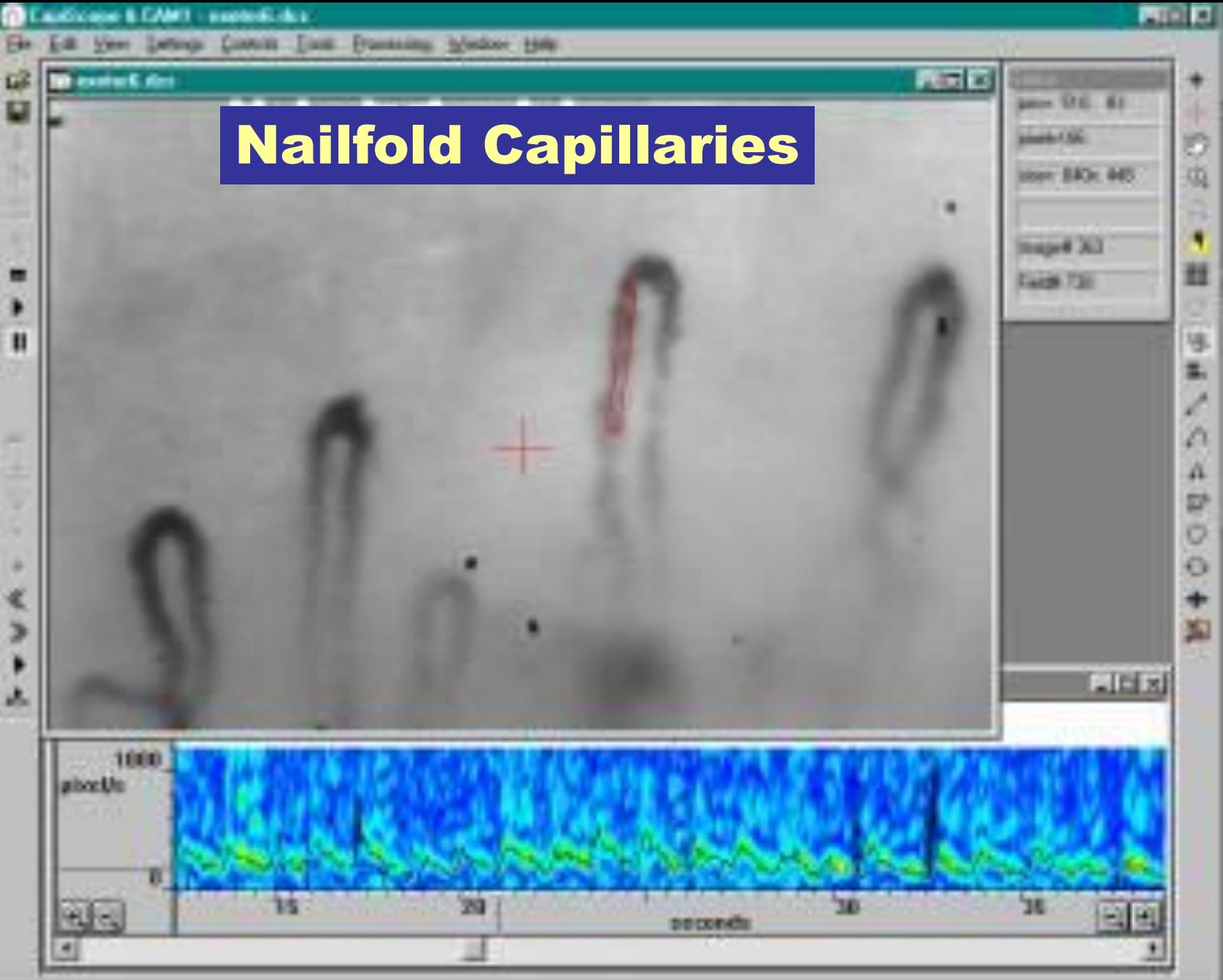


# Illustrating Postural Effects

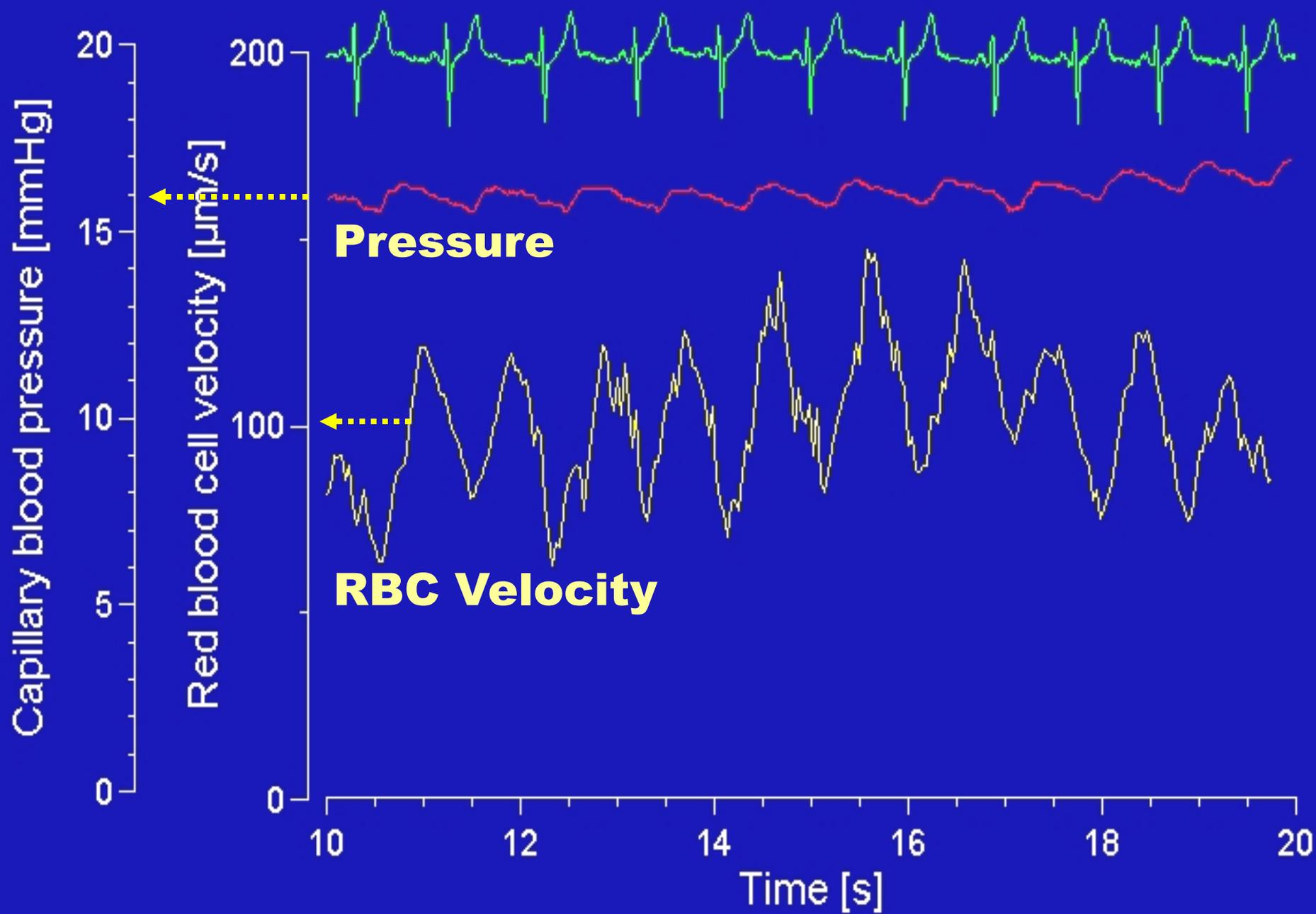


# **Capillary RBC Velocity Measurement**





# Nailfold Capillaries



# **Skin Blood Flow Methods and Tools**

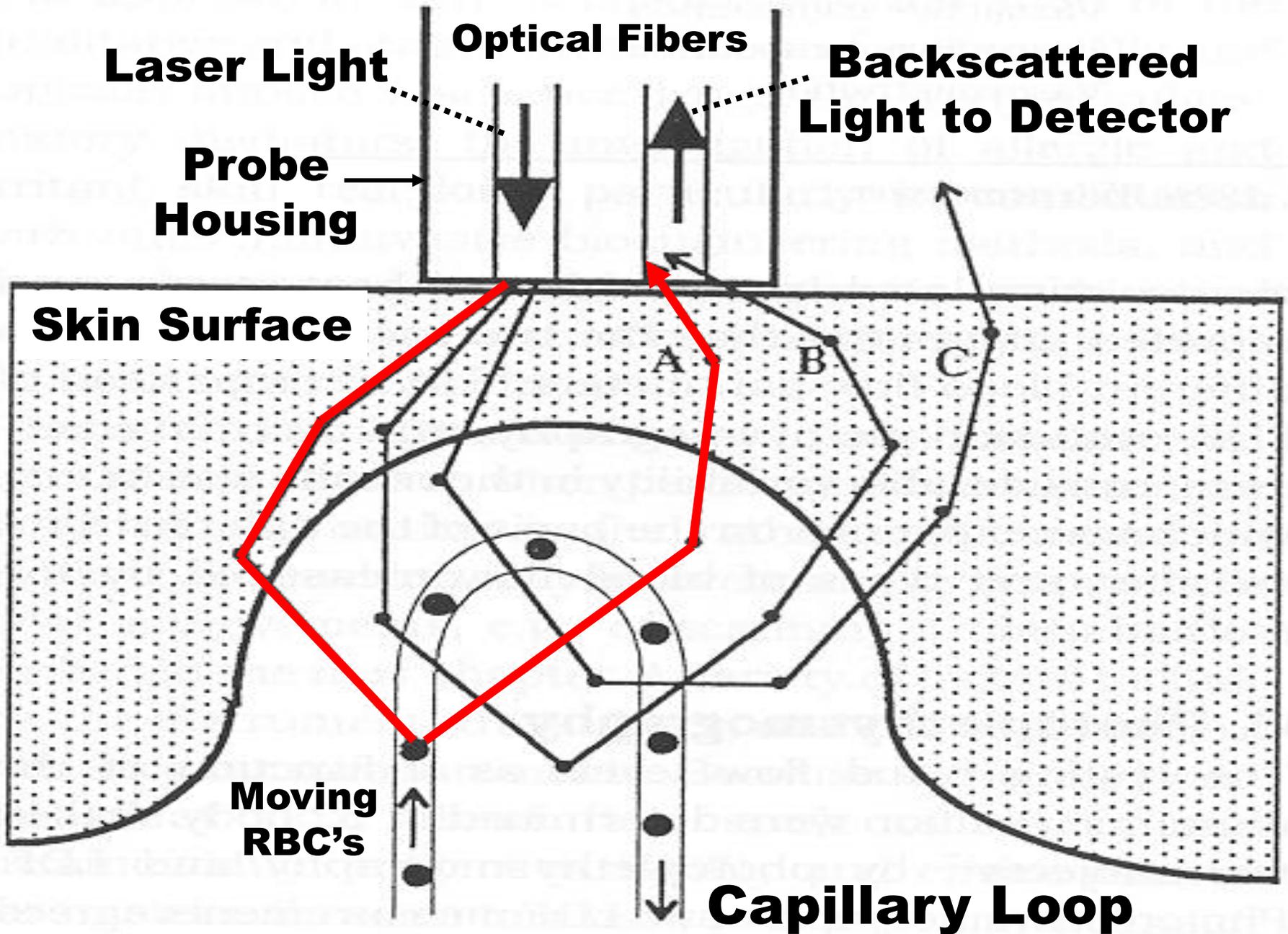
# **Laser-Doppler Flowmetry - LDF**

- **Temporal Information - Faster**

# **Laser-Doppler Imaging - LDI**

- **Spatial Information - Slower**

# **Laser-Doppler Principles**



# Doppler-Shift ~ RBC Speed

**HeNe**

$\lambda=633$  nm

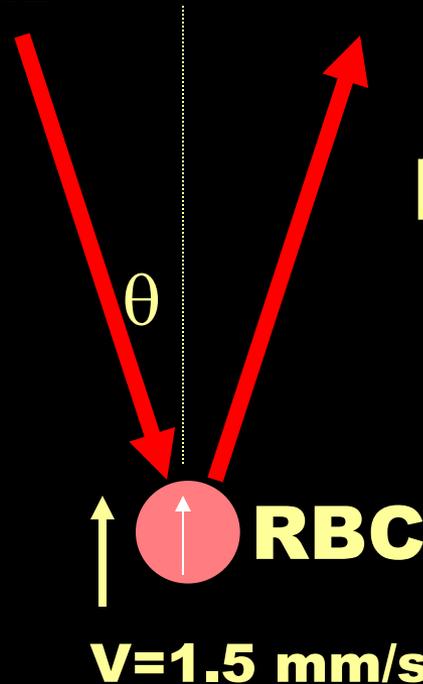
$f_0=4.74$

$\times 10^{14}$  Hz

**Doppler-Shift**

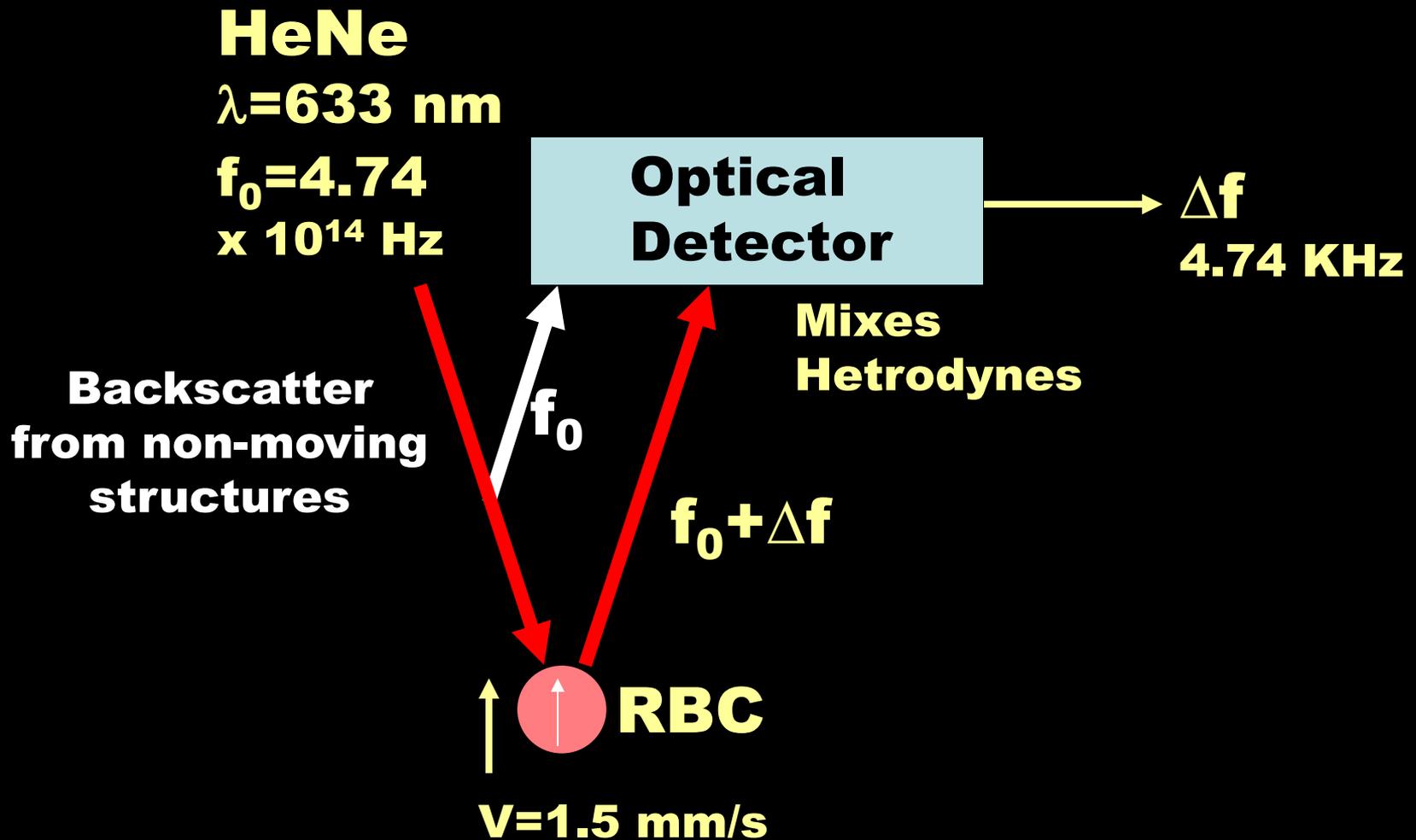
$\Delta f/f_0 \sim 2V\cos\theta/C$

$\sim 10^{-11} \sim 4.74$  kHz



**Doppler-Shift  
Directly ~ V**

# Detecting Frequency Shift



# Multiple Moving Targets

**HeNe**

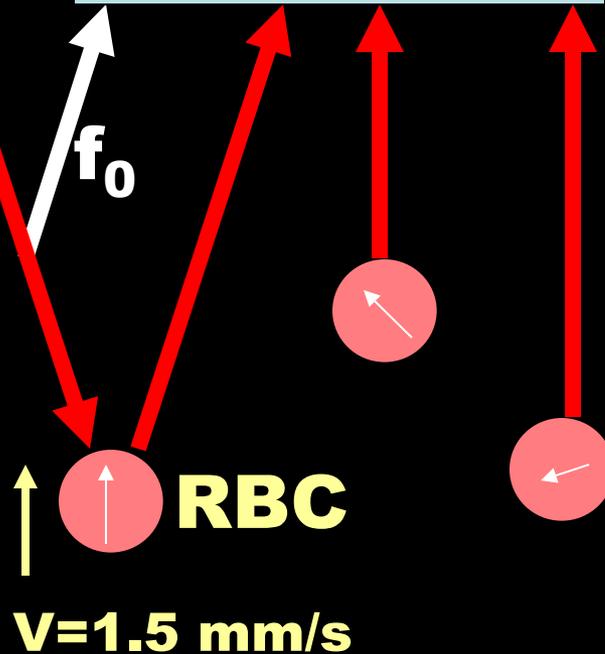
$\lambda=633$  nm

$f_0=4.74$   
 $\times 10^{14}$  Hz

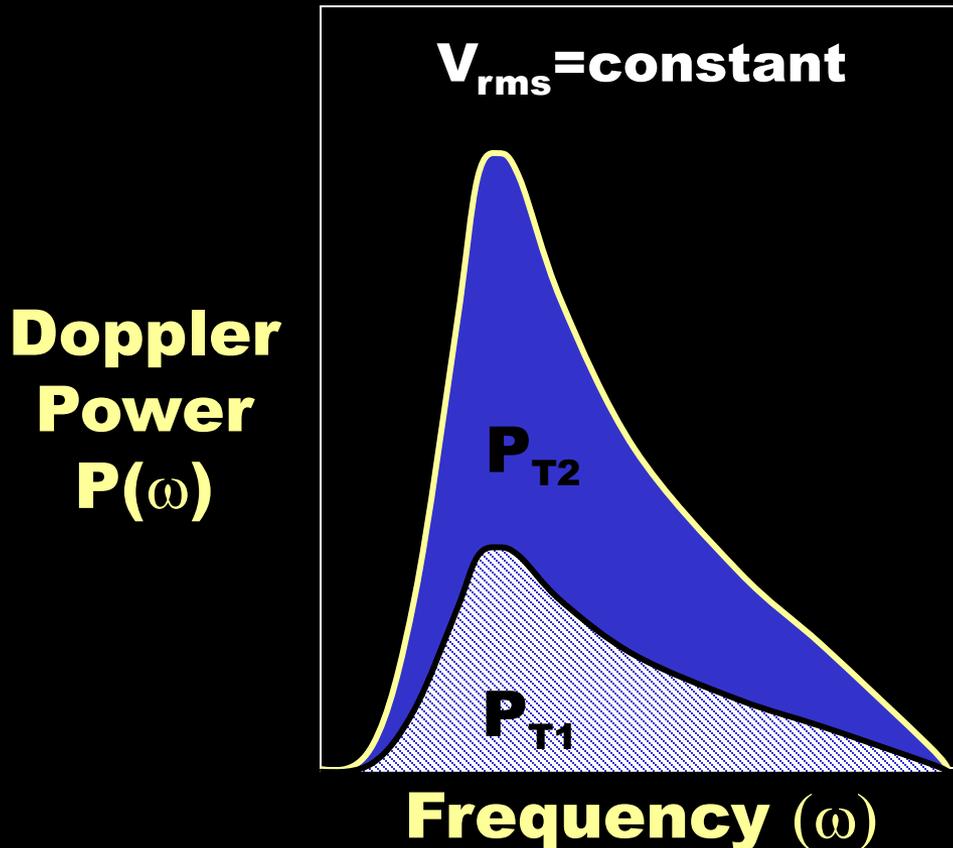
**Backscatter  
from non-moving  
structures**

**Optical  
Detector**

**Spectrum  
of  
Frequencies**



# Moving Volume Concentration

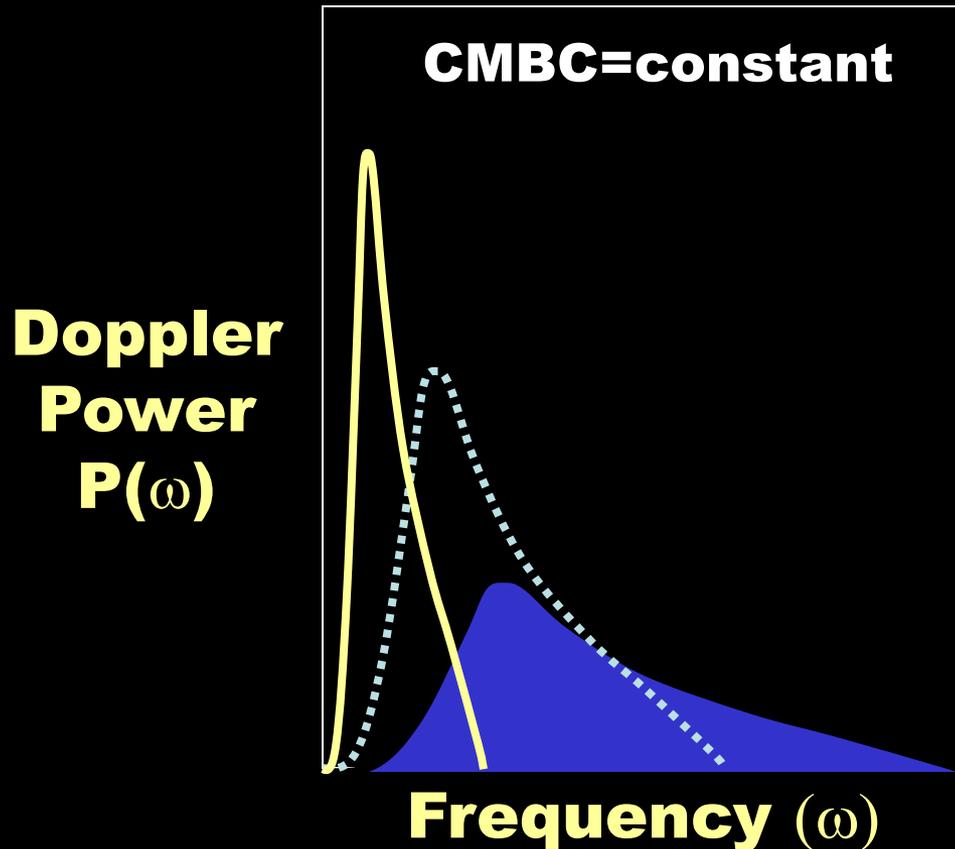


**For a constant total light intensity coming back to the detector**

**$P_T \sim \text{CMBC}$**   
**Concentration  
Moving  
Blood  
Cells**

$$P_T = \int P(\omega) d\omega$$

# Moving Cell Velocity



**For a constant CMBC  
Total Doppler Power**

**$\int P(\omega)d\omega$  is constant**

**But, Doppler-Shift  
depends on velocity**

$$\Delta f \sim V_{rms}$$

$$V_{rms} = \frac{\int \omega P(\omega)d\omega}{\int P(\omega)d\omega}$$

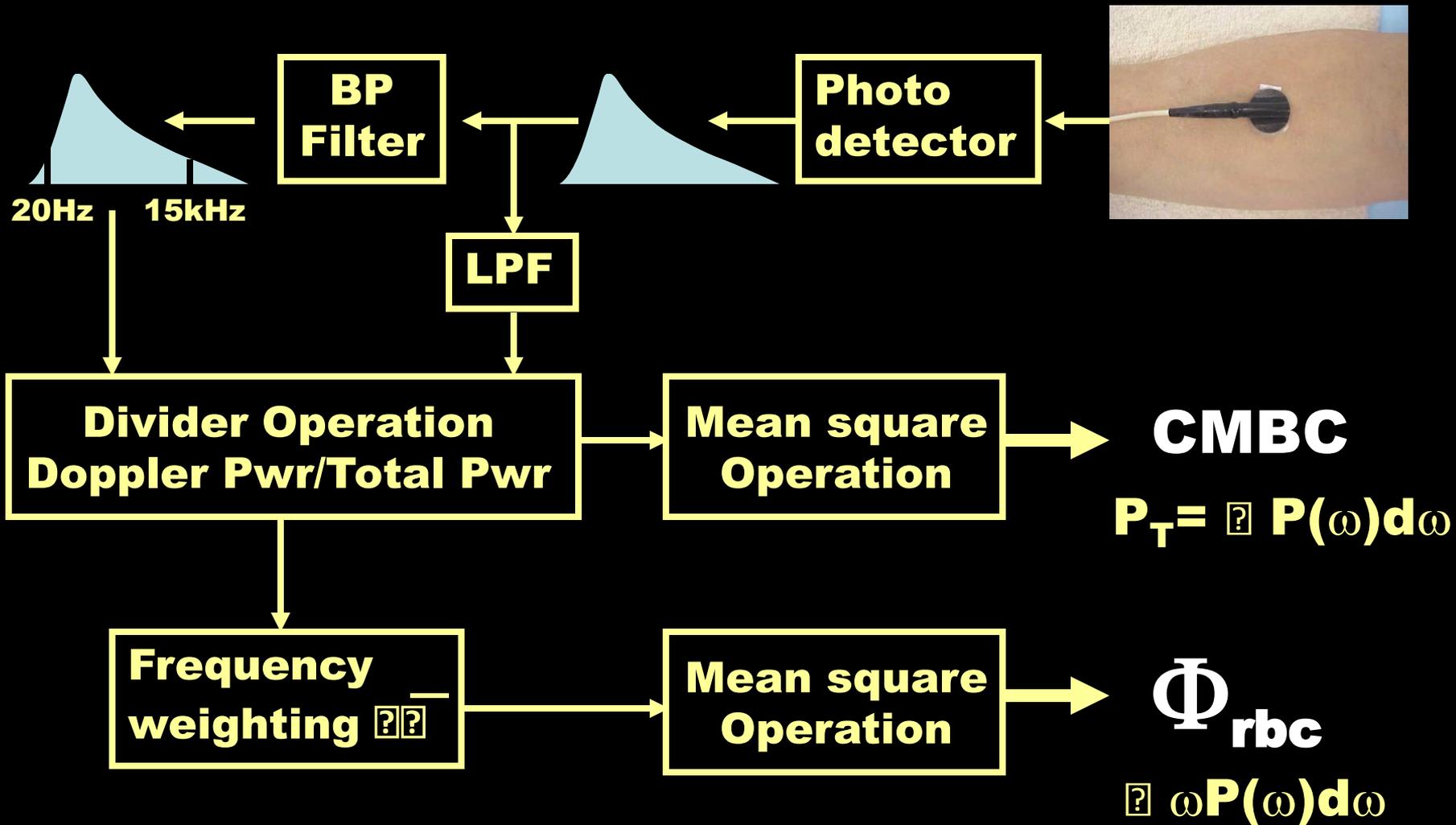
# Blood Flux or Perfusion

$$\Phi_{\text{rbc}} = k \times V \times \text{CMBC}$$

**Some call it Blood Flow [Q, volume/sec]  
but is truly Blood Cell Flux [# /sec]**

$$\Phi_{\text{rbc}} \sim Q \quad (\text{Perfusion})$$

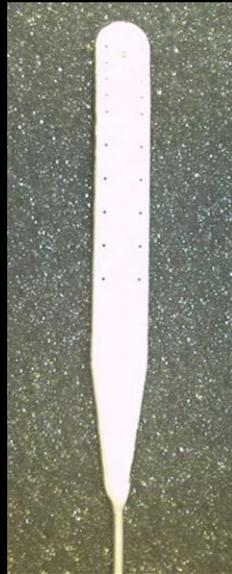
# Basic Instrument Operation



# Instruments

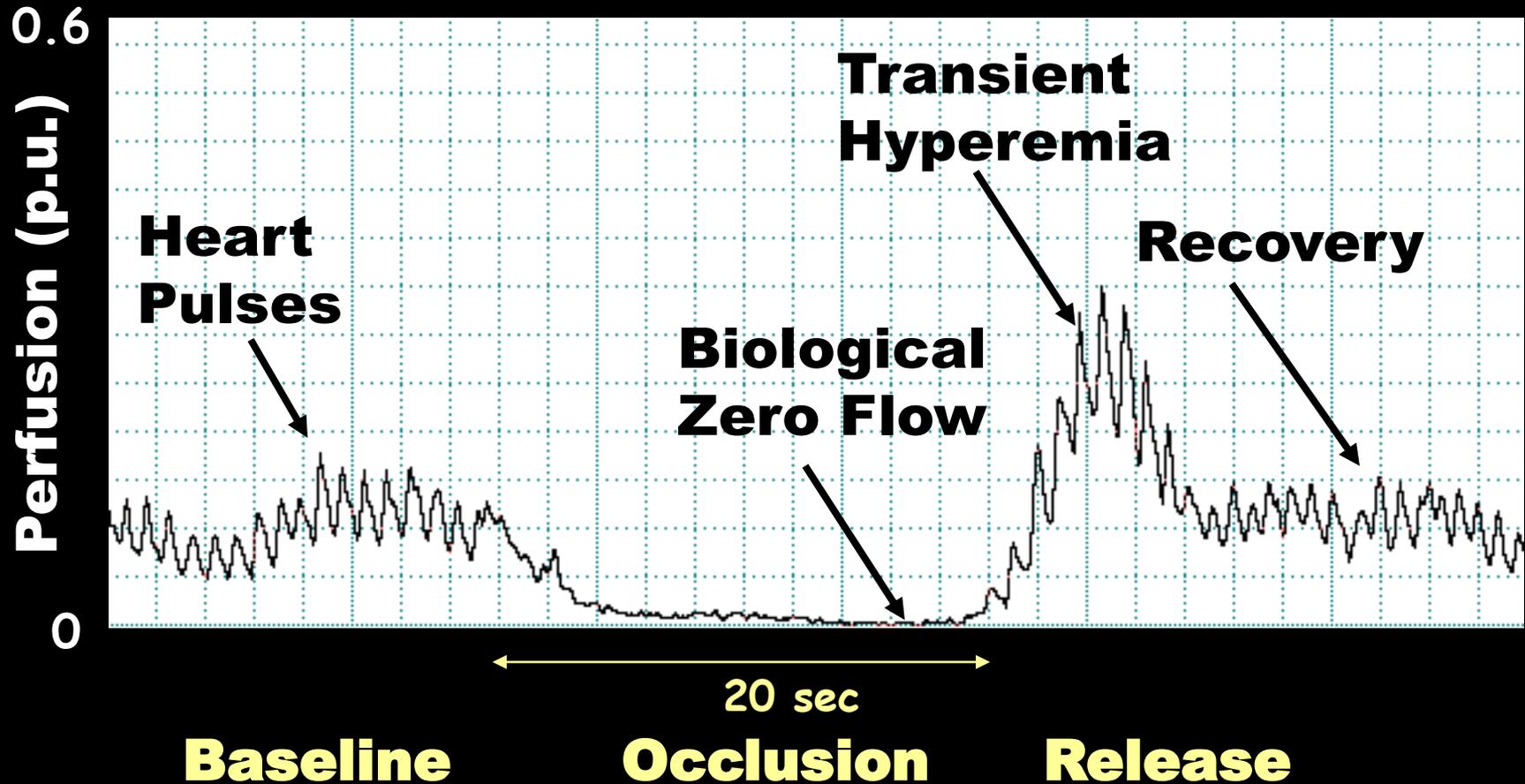


# LDF Probes

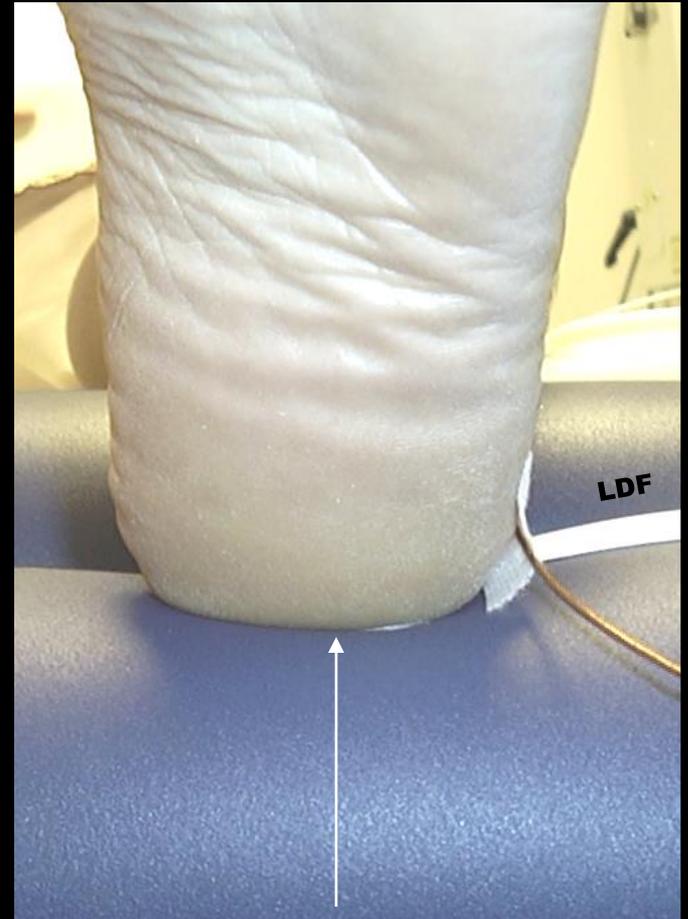
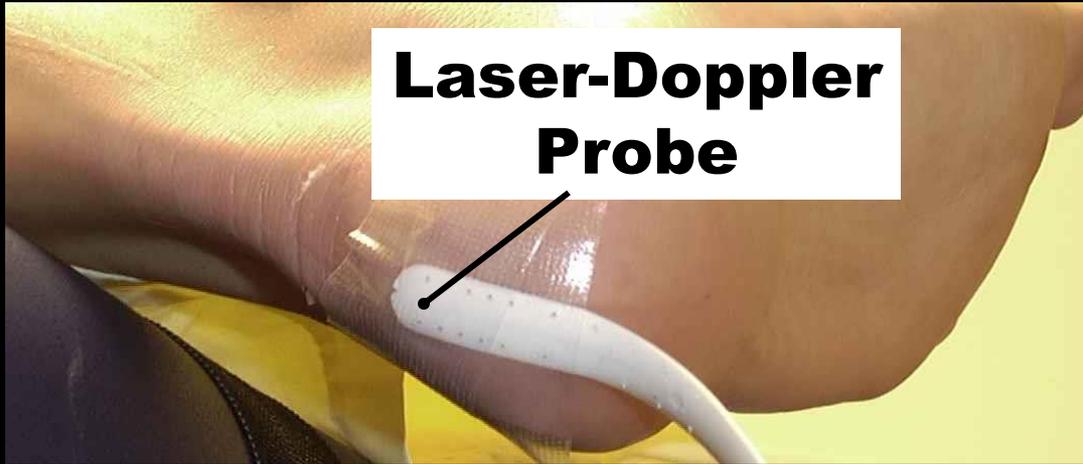


# **Examples of LDF Recordings**

# Blood Flow Arrest

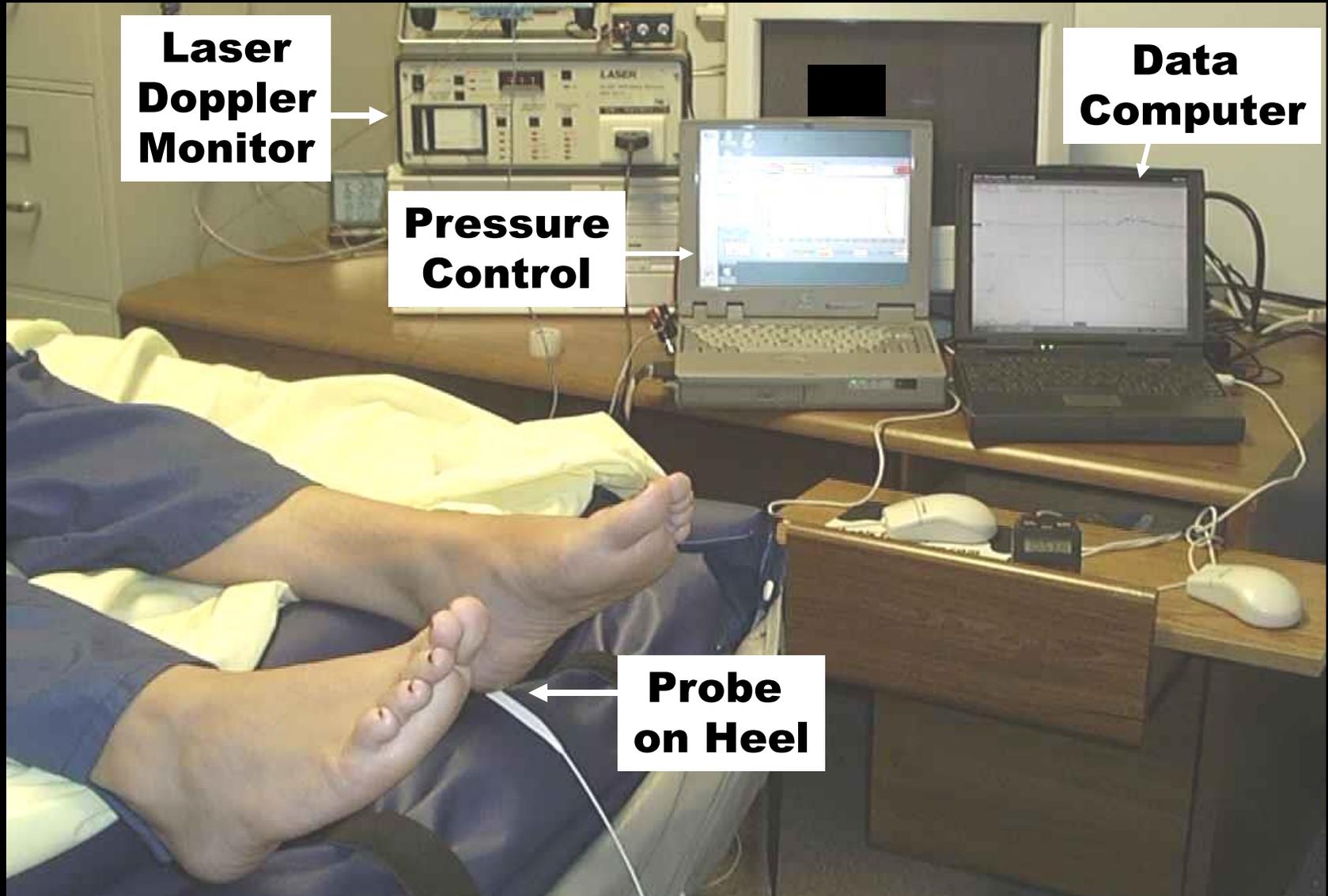


# Heel Compression Studies



**Laser-Doppler probe positioned under heel**

# Data Acquisition



# Heel Loading and Unloading



**Inflated**

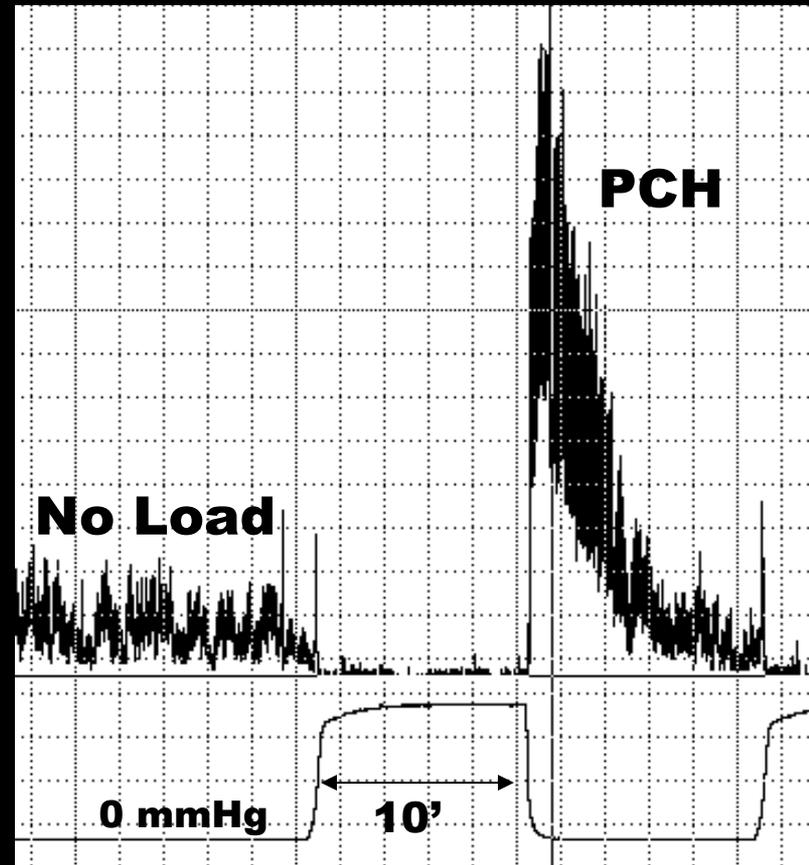
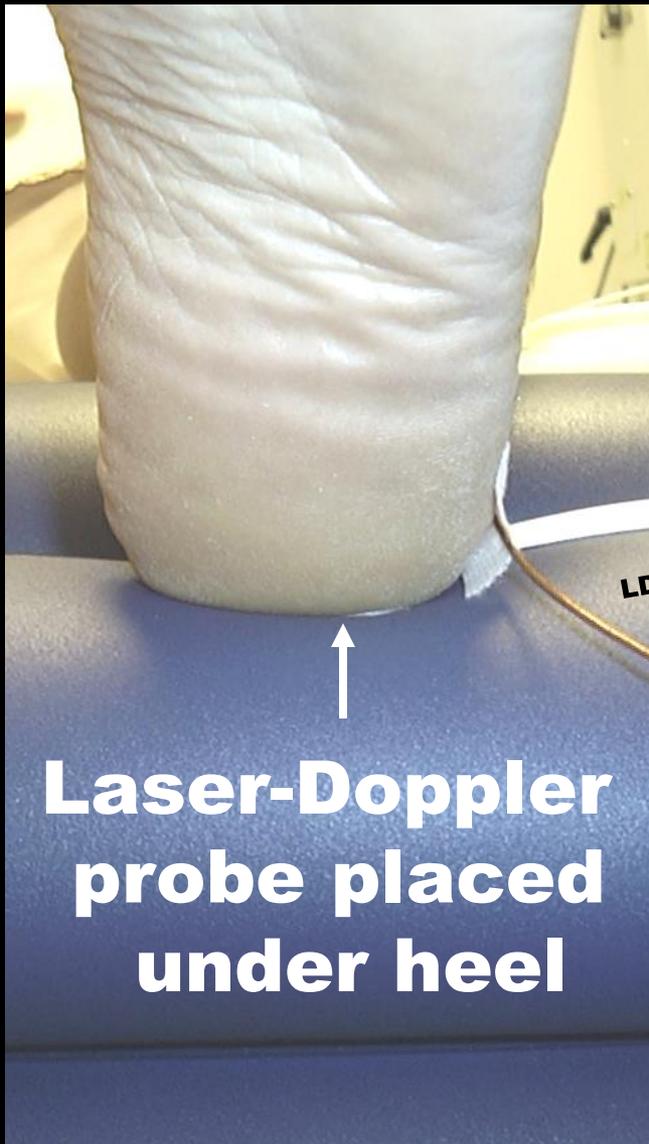
**Heel Loaded**



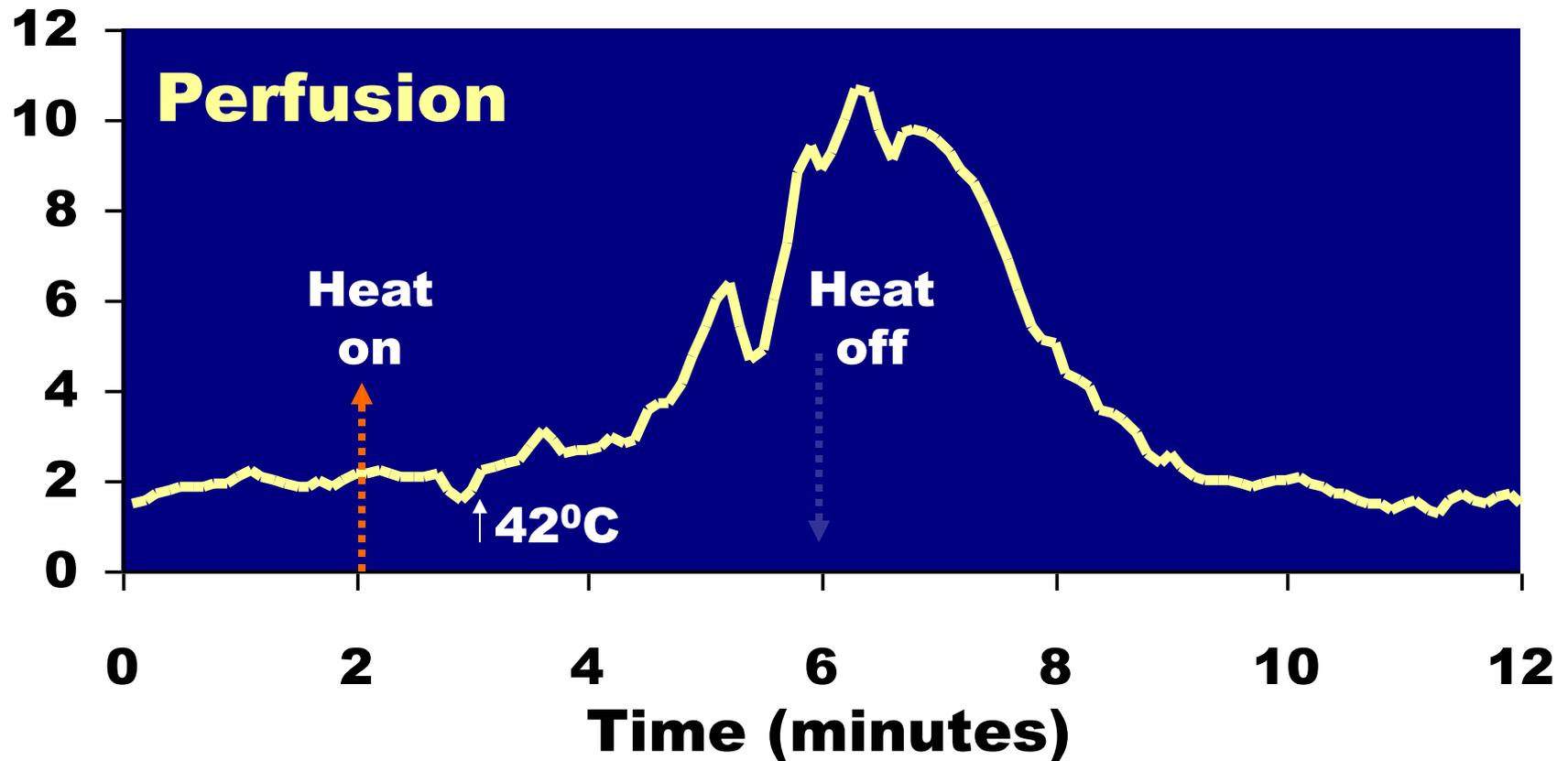
**Deflated**

**Heel Fully Unloaded**

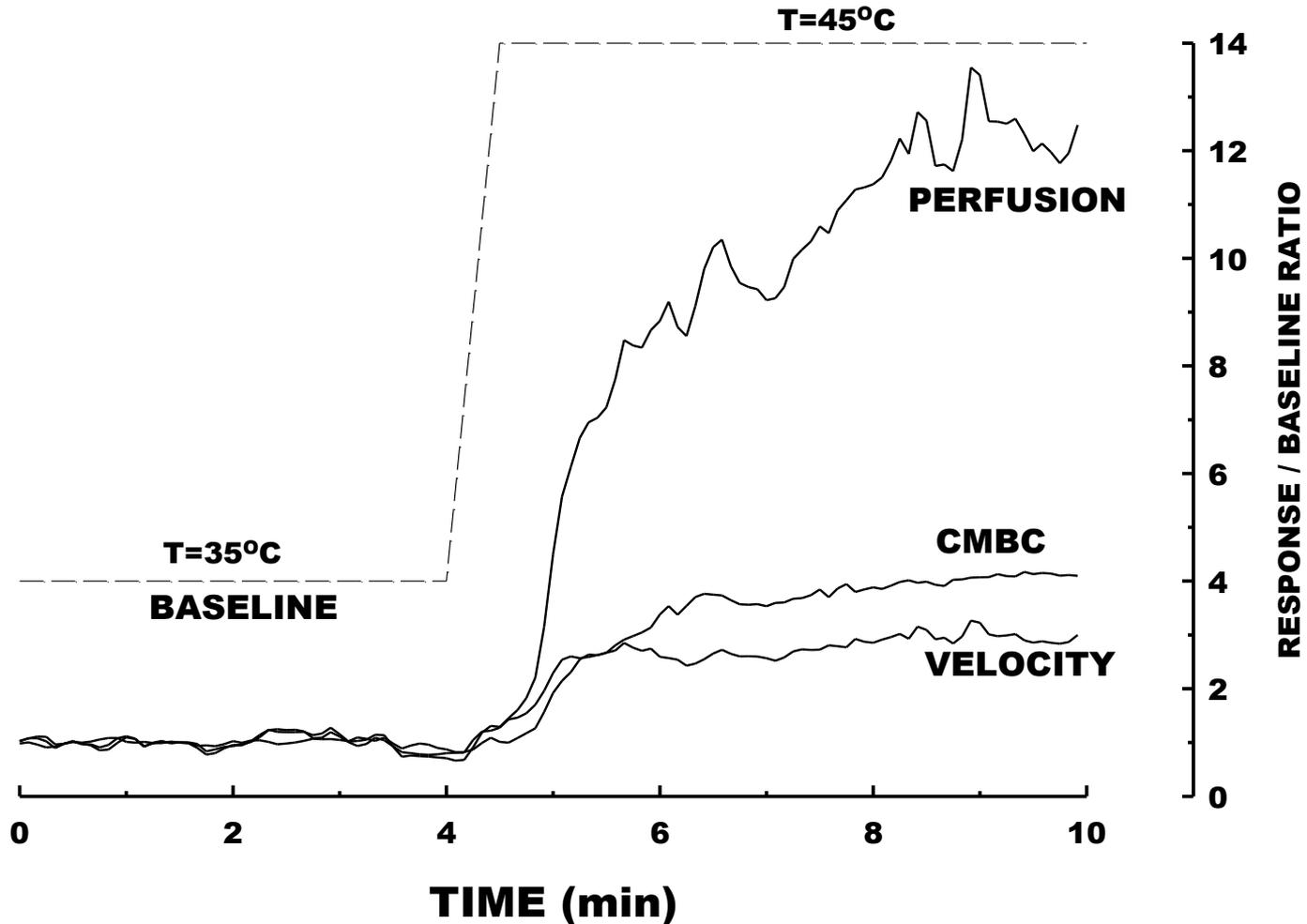
# Typical LDF Response



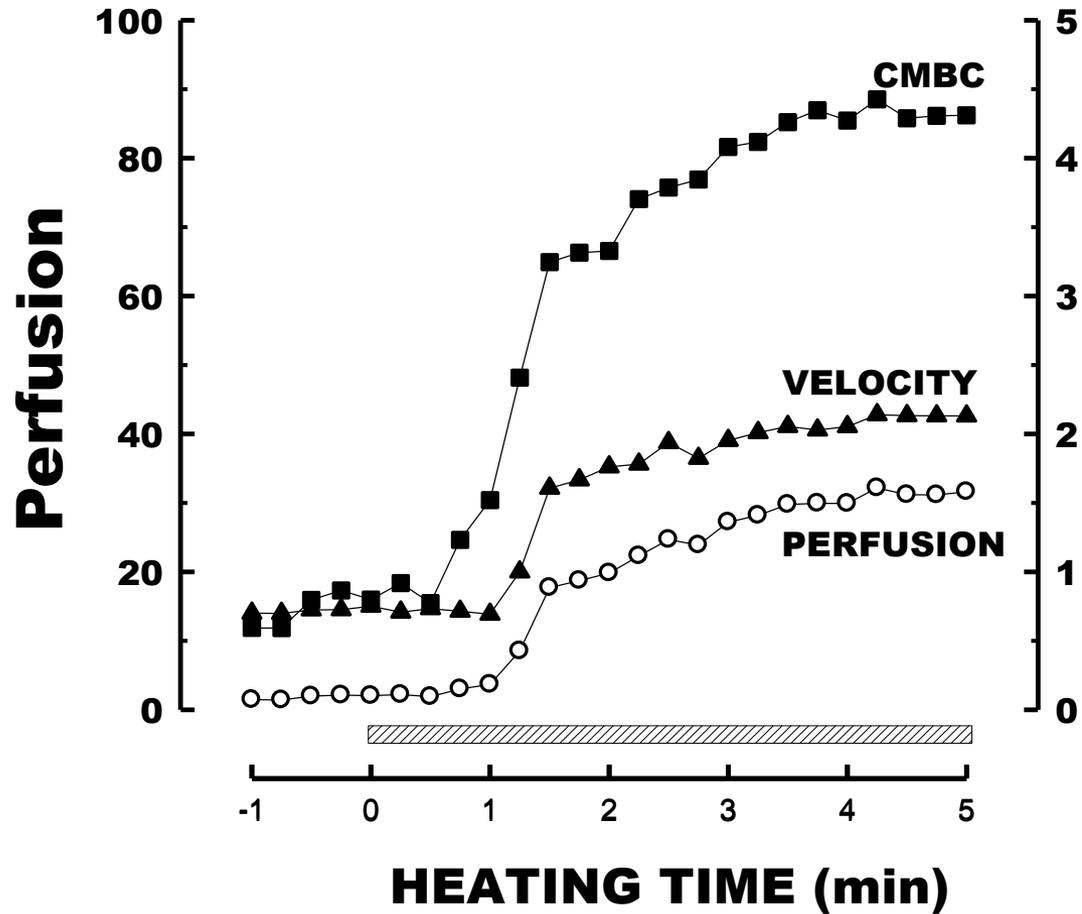
# Local Skin Heating



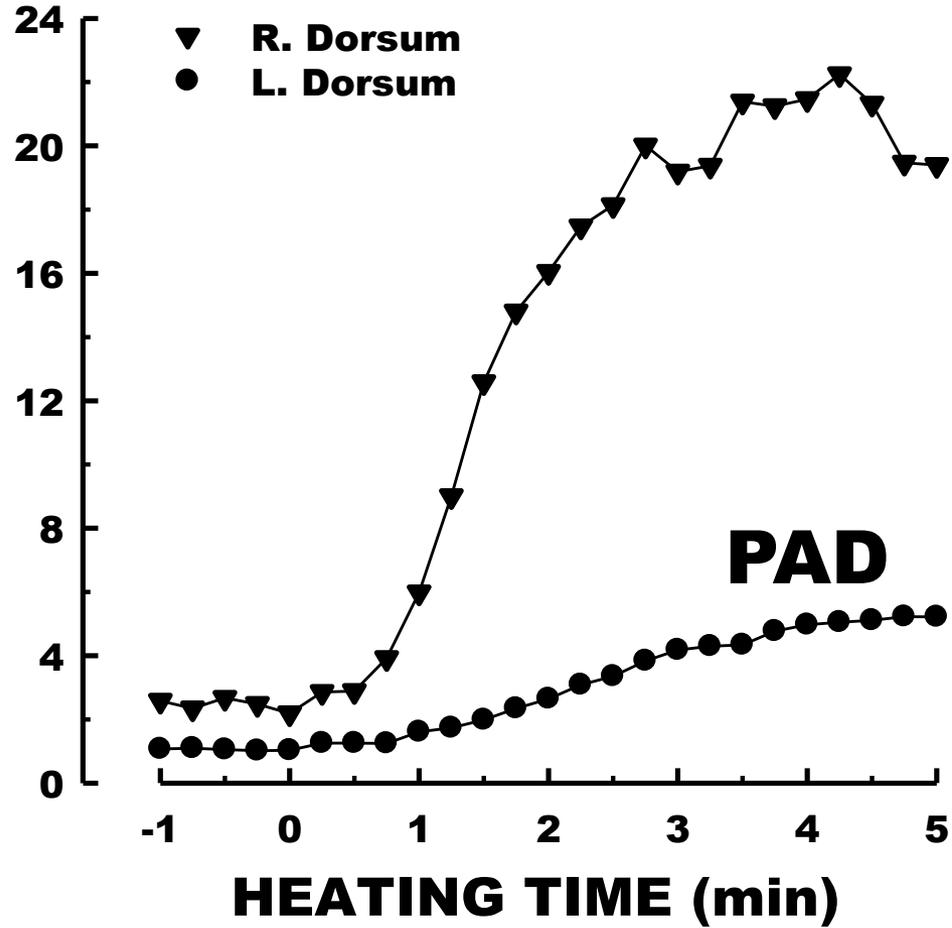
# Component Responses



# Normal Responses



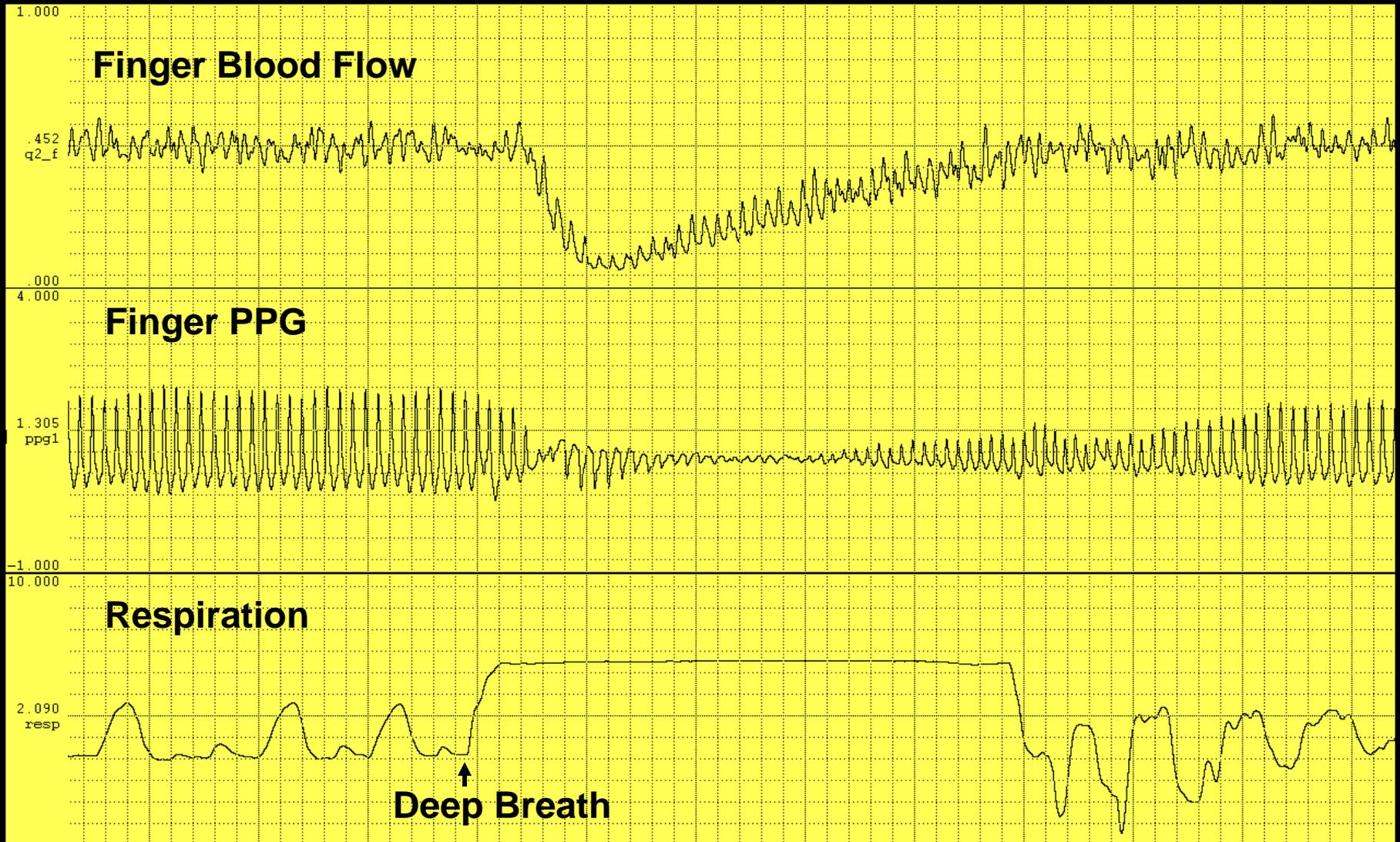
# Diminished Response



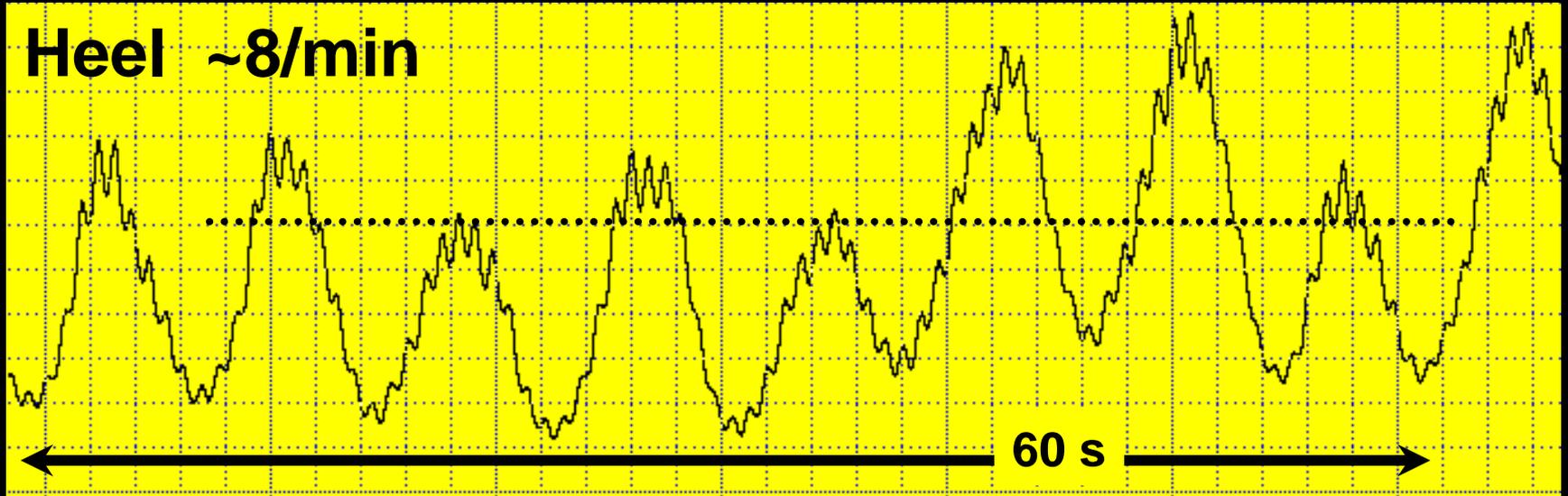
# Inspiratory Gasp Response



# Inspiratory Gasp



# Flomotion



# **Spectral Analysis**

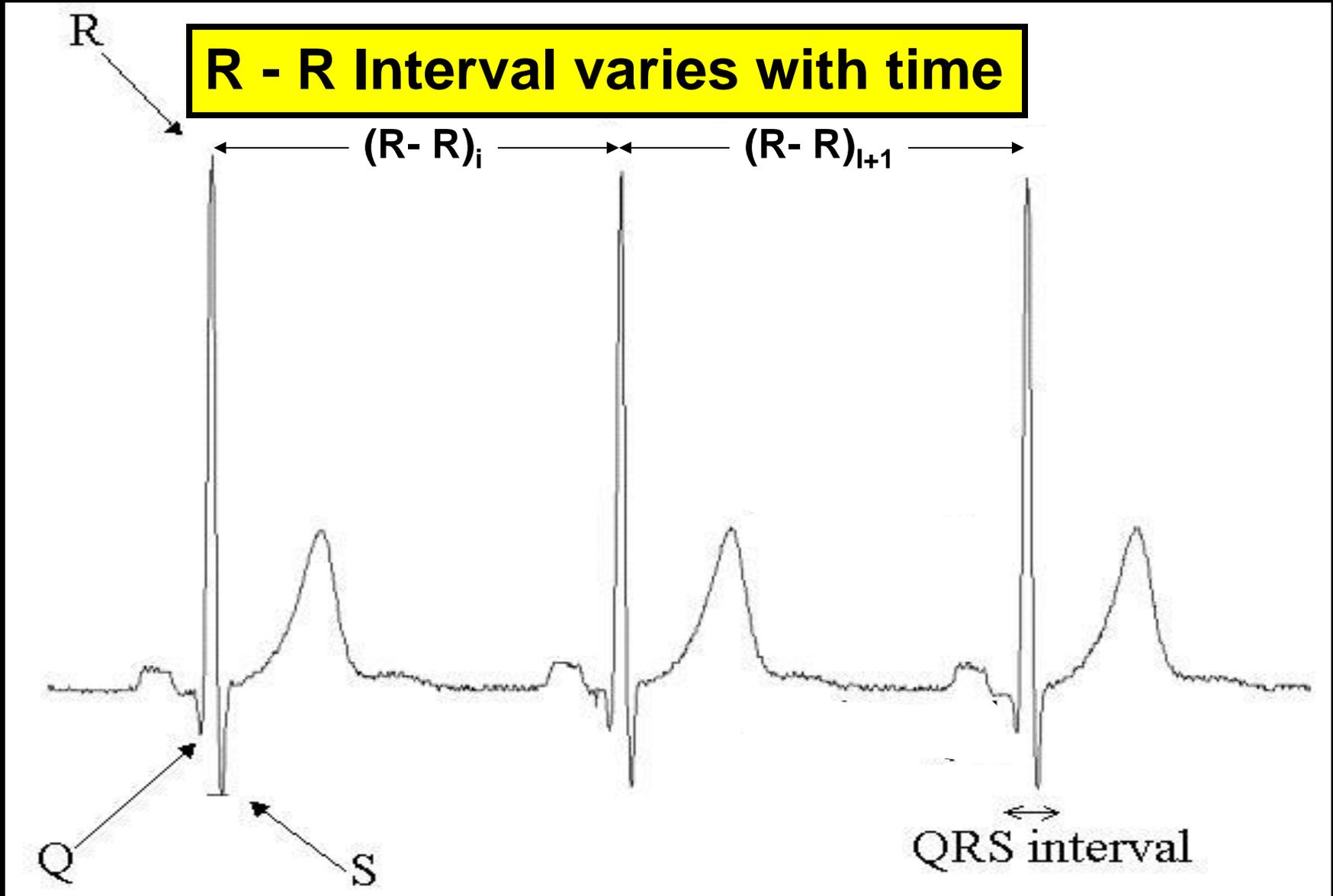
# **Why Spectral Analysis?**

**Detection and characterization of cyclical or periodic processes present in physiological signals**

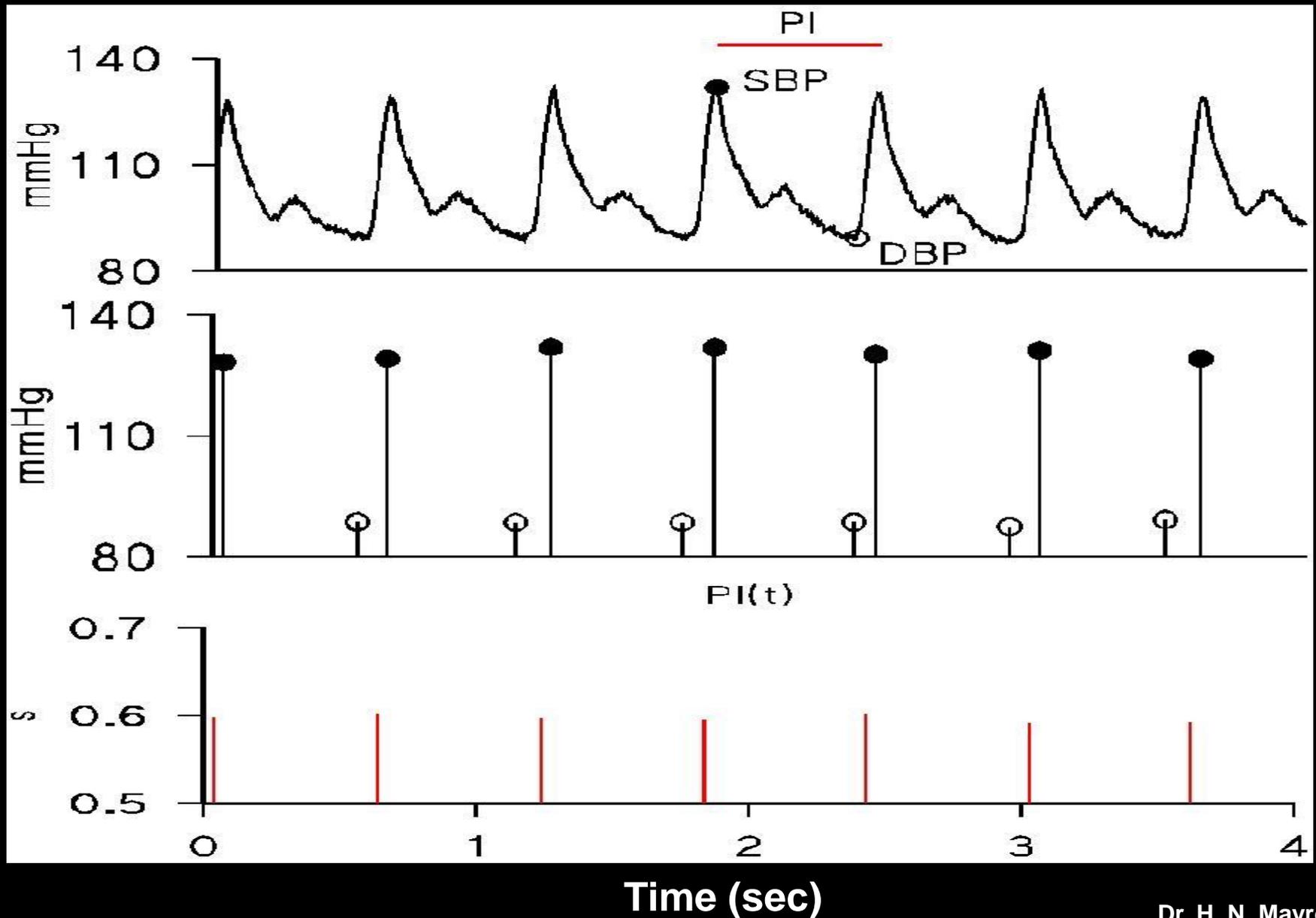
**Rhythms are present in nearly all physiological signals - but not always evident to the 'naked eye'!**

# **Generating a time series signal from the Electrocardiogram**

# R- R Time Series



# Time Series of Pulse Intervals

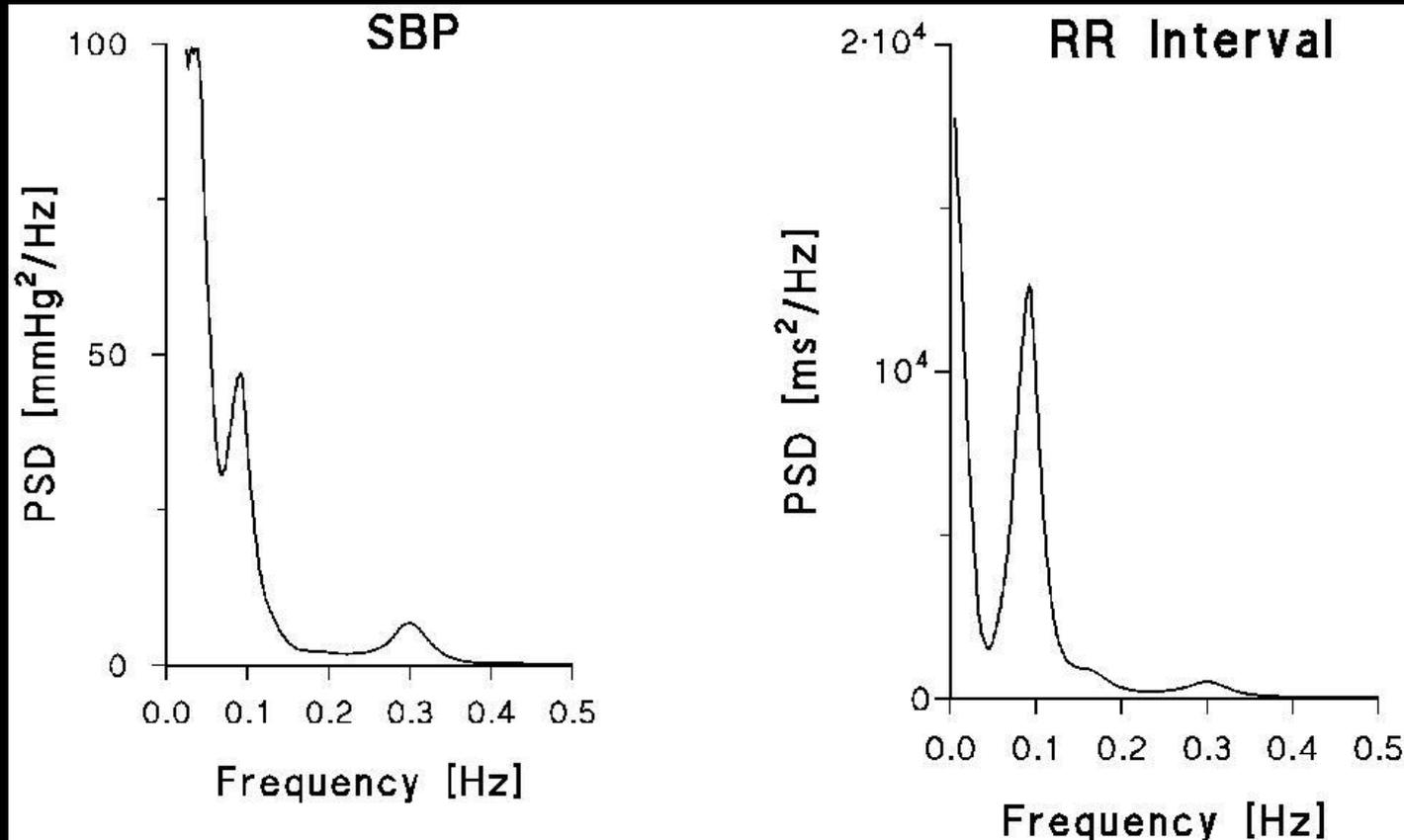


**How do you  
extract spectral (frequency)  
components present in  
physiological signals?**

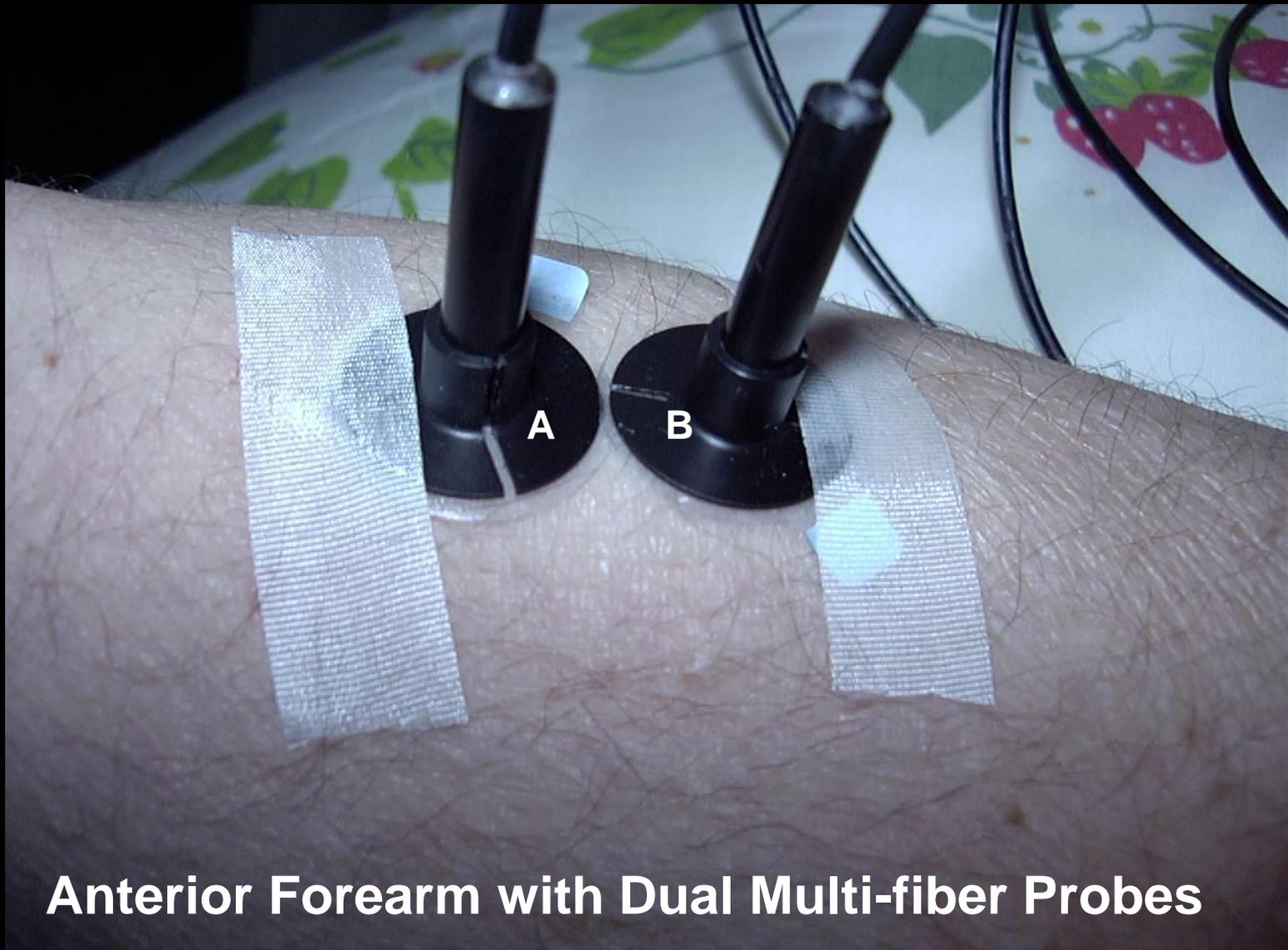
# Power Spectral Density

Amount of power per unit (density) of frequency (spectral)  
as a function of frequency

PSD describes how the power (or variance) of a  
time series is distributed with frequency!



# **Blood Flow Signals**

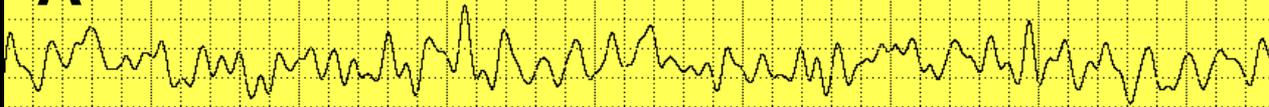


**Anterior Forearm with Dual Multi-fiber Probes**

# Blood Flow Time Series

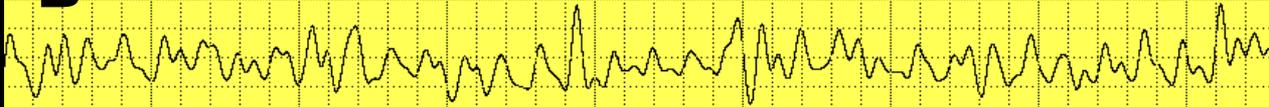
**Skin Blood Flow**

**A**

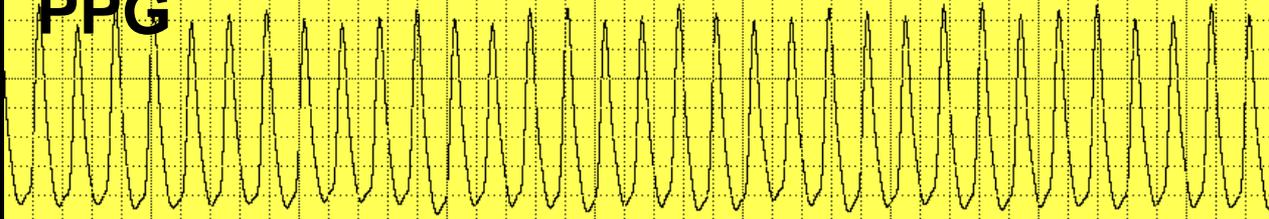


**Skin Blood Flow**

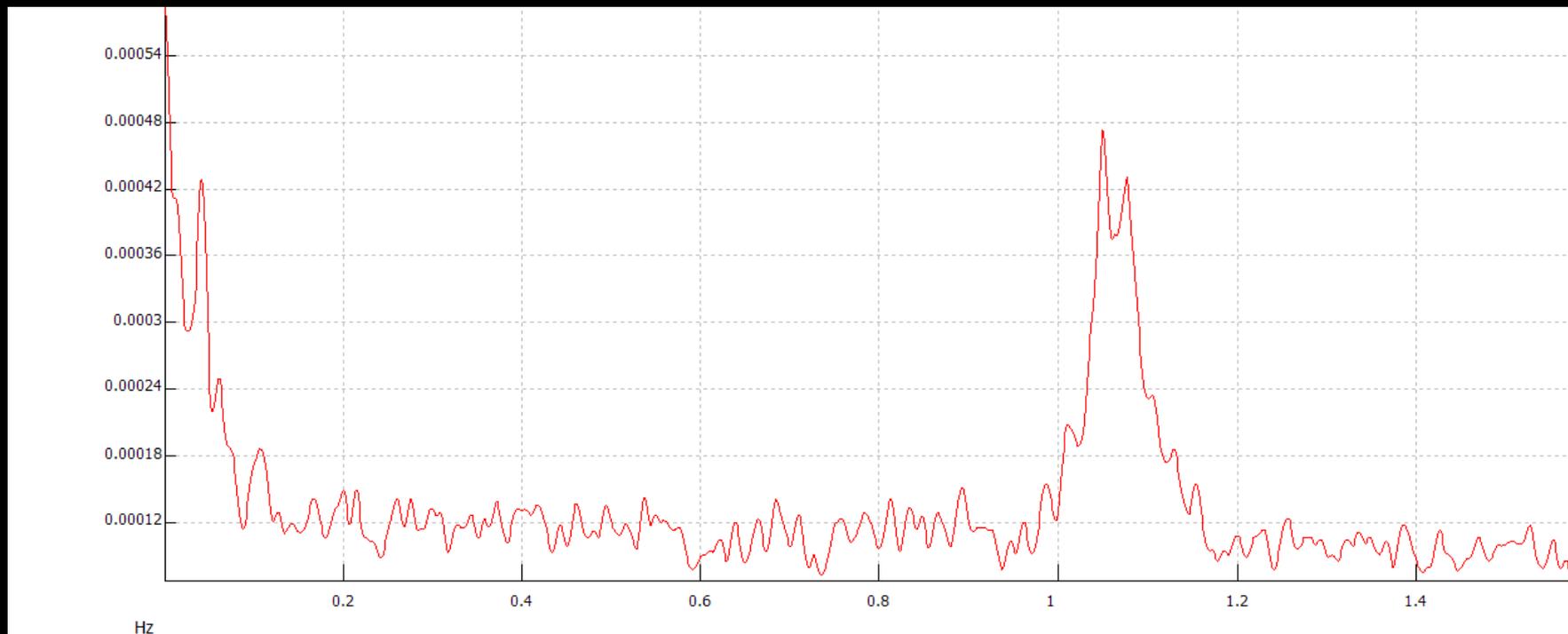
**B**



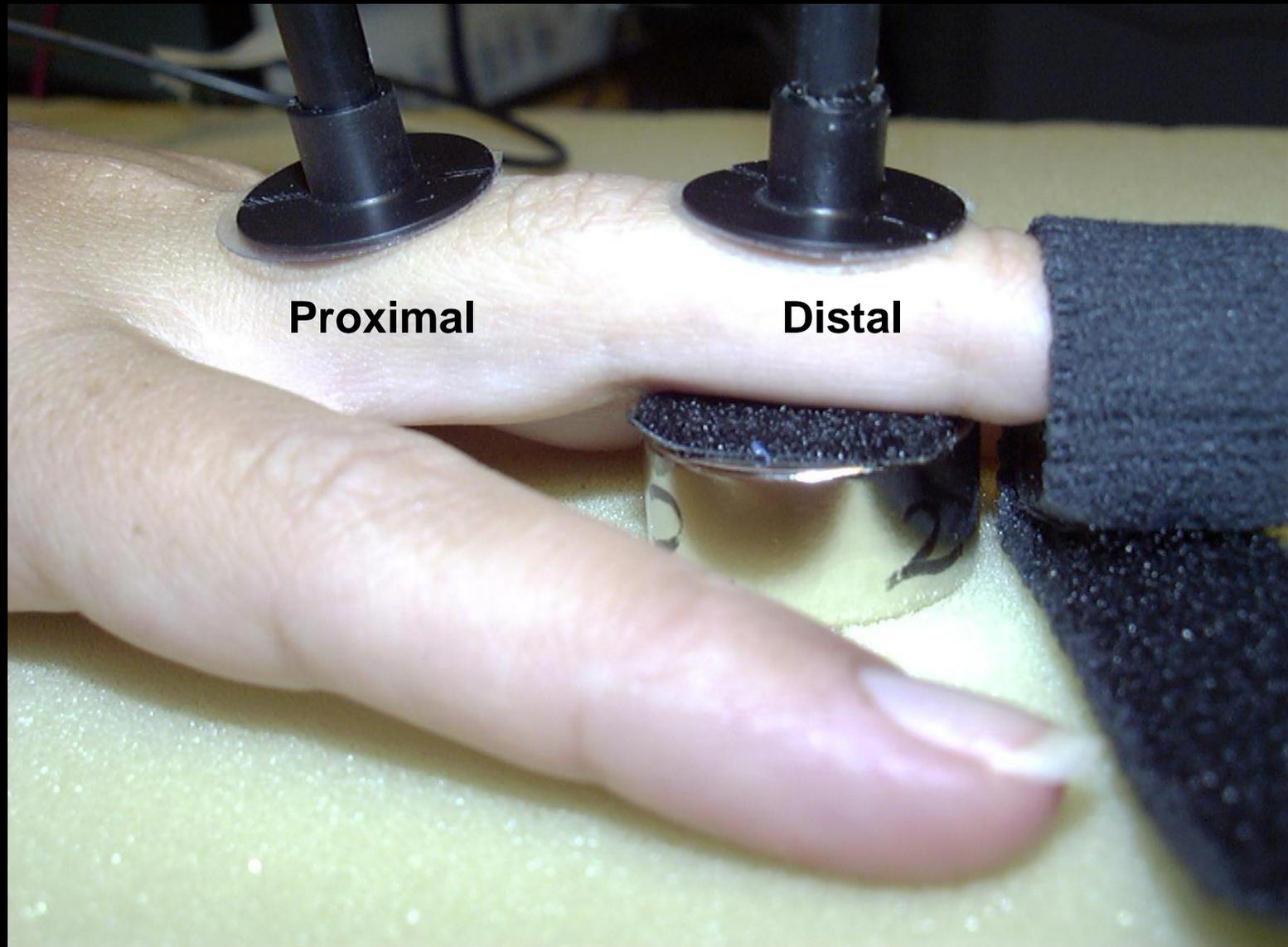
**PPG**



# Power Spectral Density



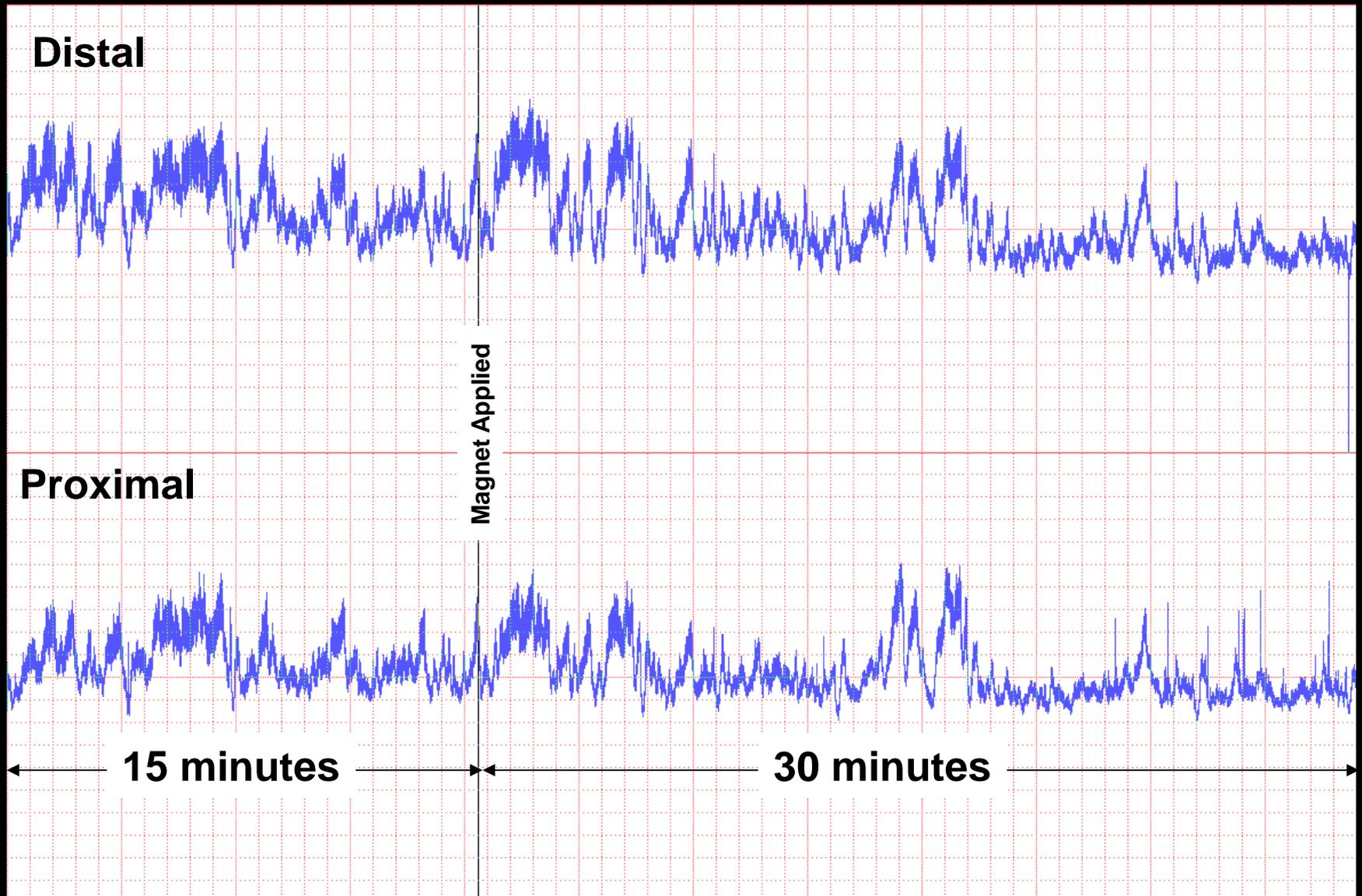
# Magnet Experiment



Proximal

Distal

# Blood Flow Signals



# At site of application of the magnet

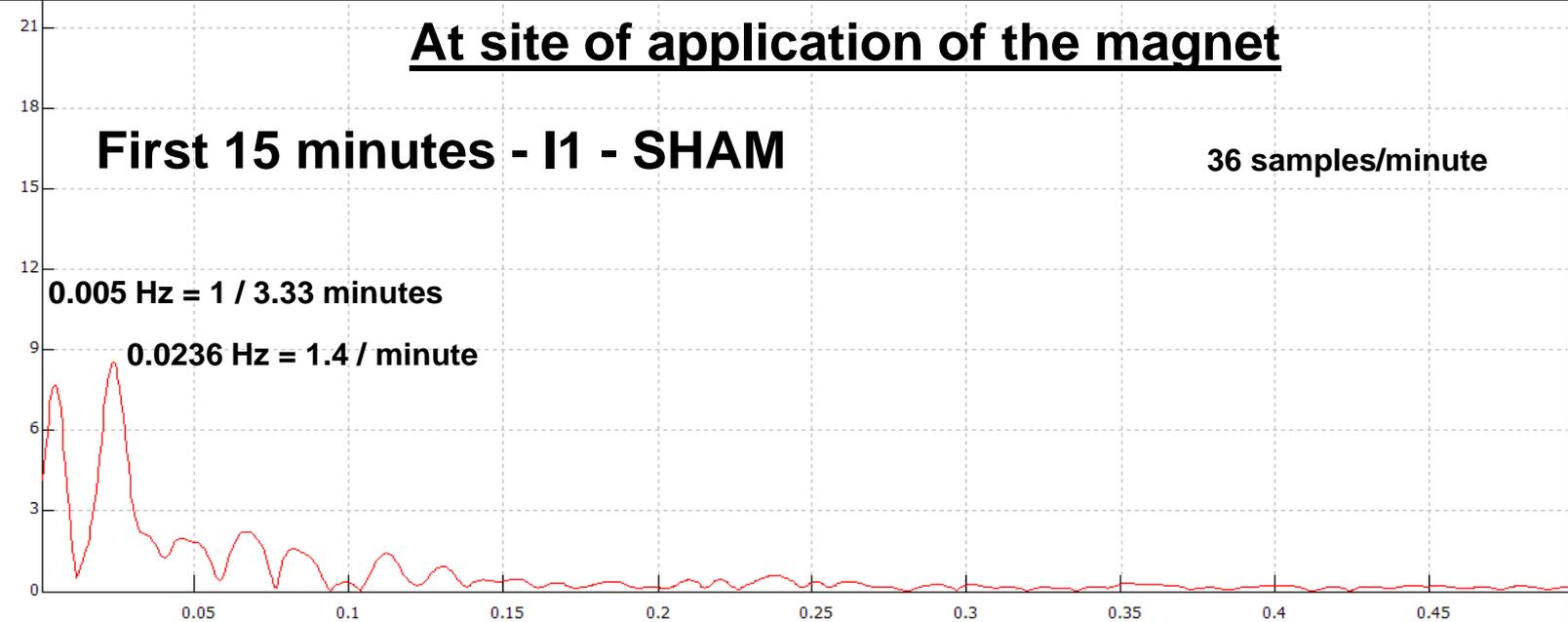
## First 15 minutes - I1 - SHAM

36 samples/minute

F3D\_I1

0.005 Hz = 1 / 3.33 minutes

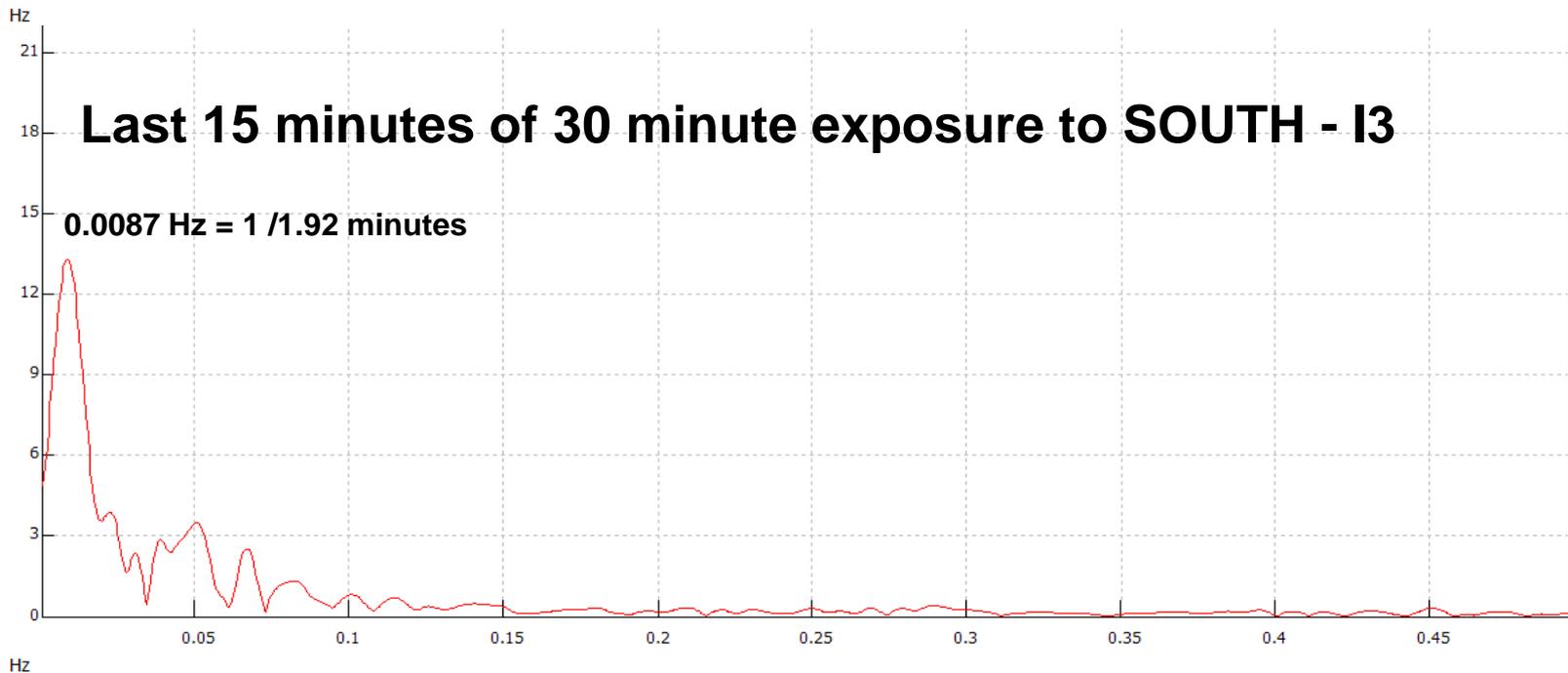
0.0236 Hz = 1.4 / minute



## Last 15 minutes of 30 minute exposure to SOUTH - I3

0.0087 Hz = 1 / 1.92 minutes

F3D\_I3\_15MIN

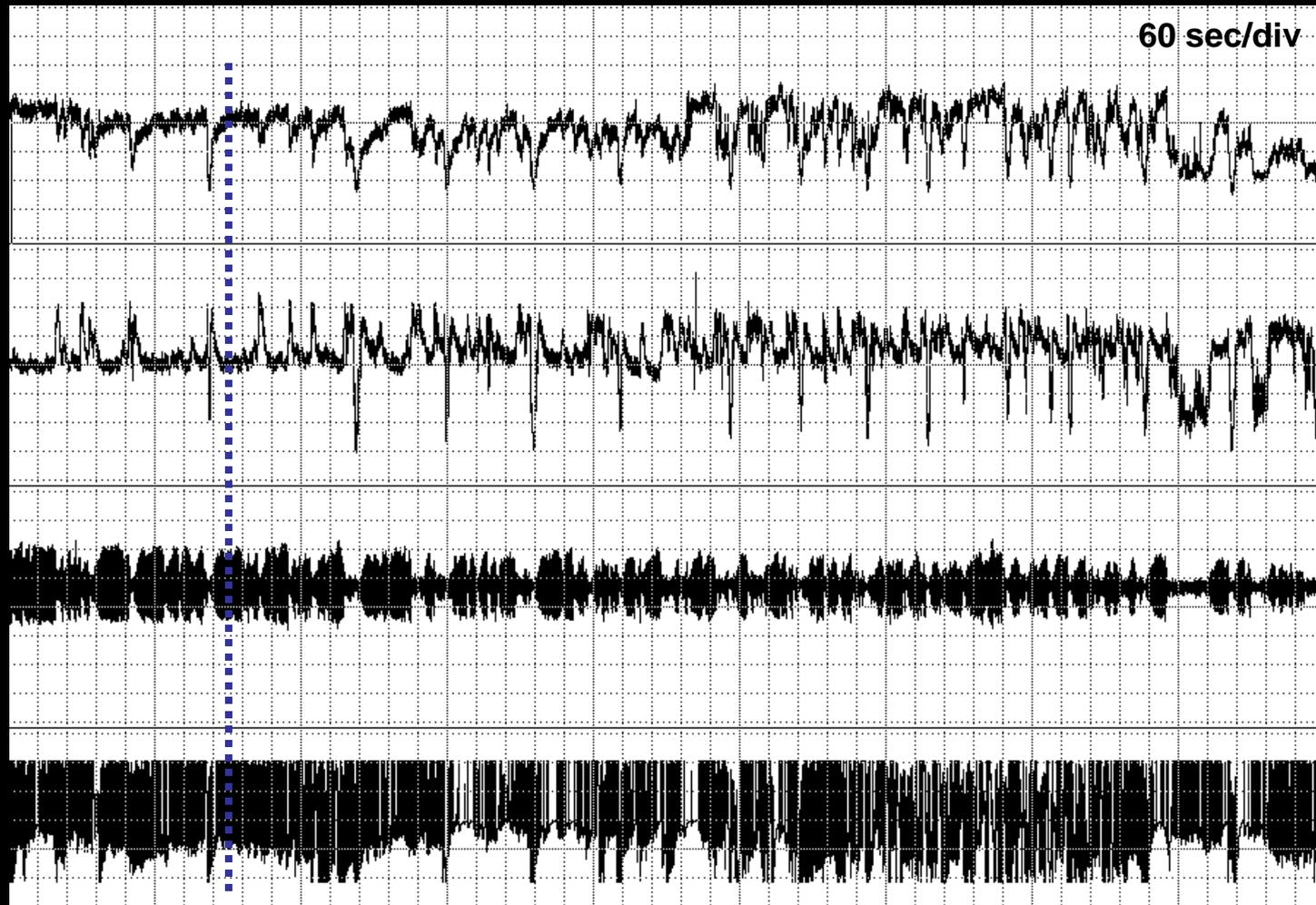


# Another Magnet Experiment





# Experiment Data Sequence



60 sec/div

Blood Flow  
Finger 2

Blood Flow  
Finger 4

PPG

RESP

← 45 minutes →



# Experiment Data Sequence



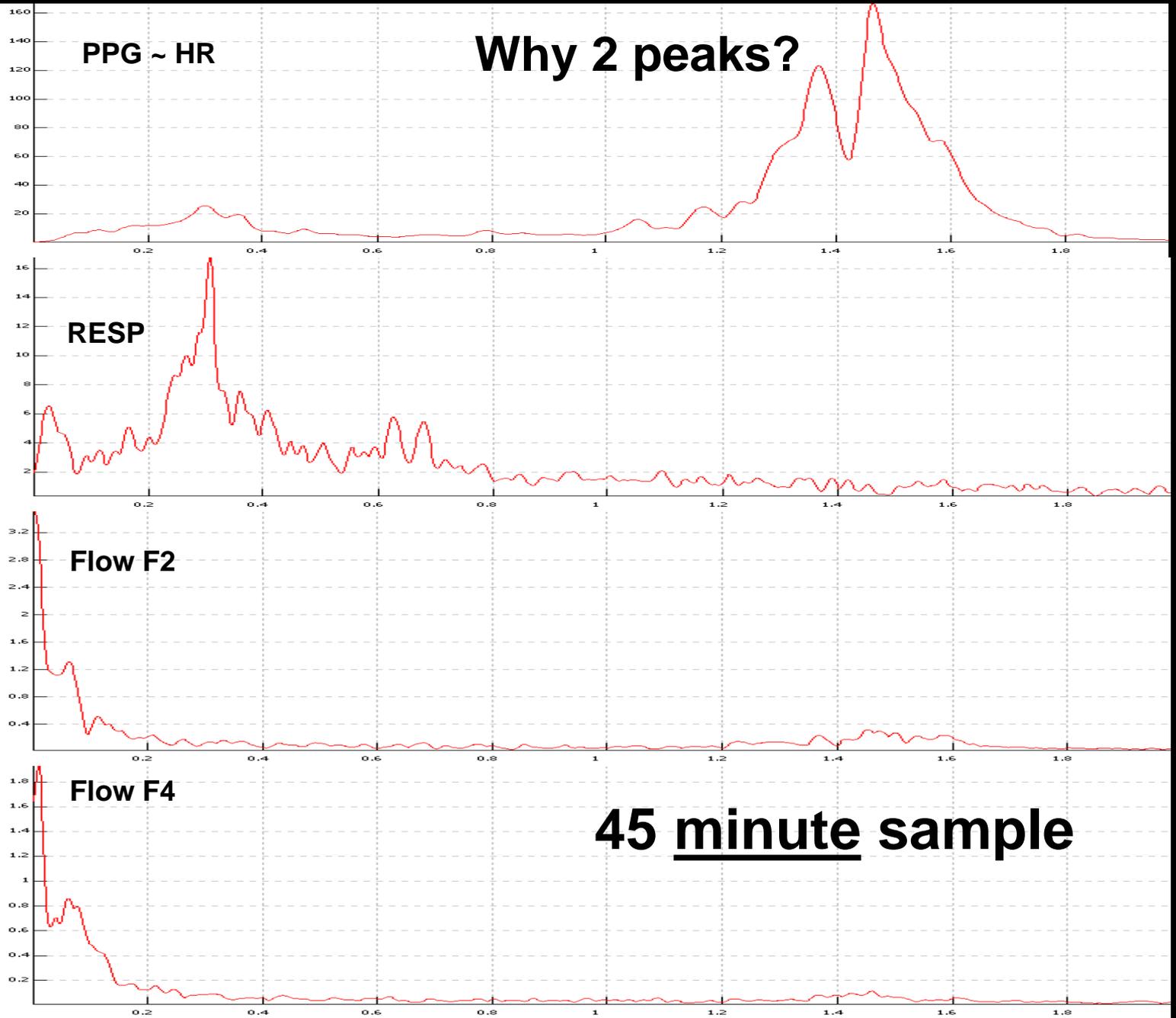
Blood Flow  
Finger 2

Blood Flow  
Finger 4

PPG

RESP

← 45 seconds →



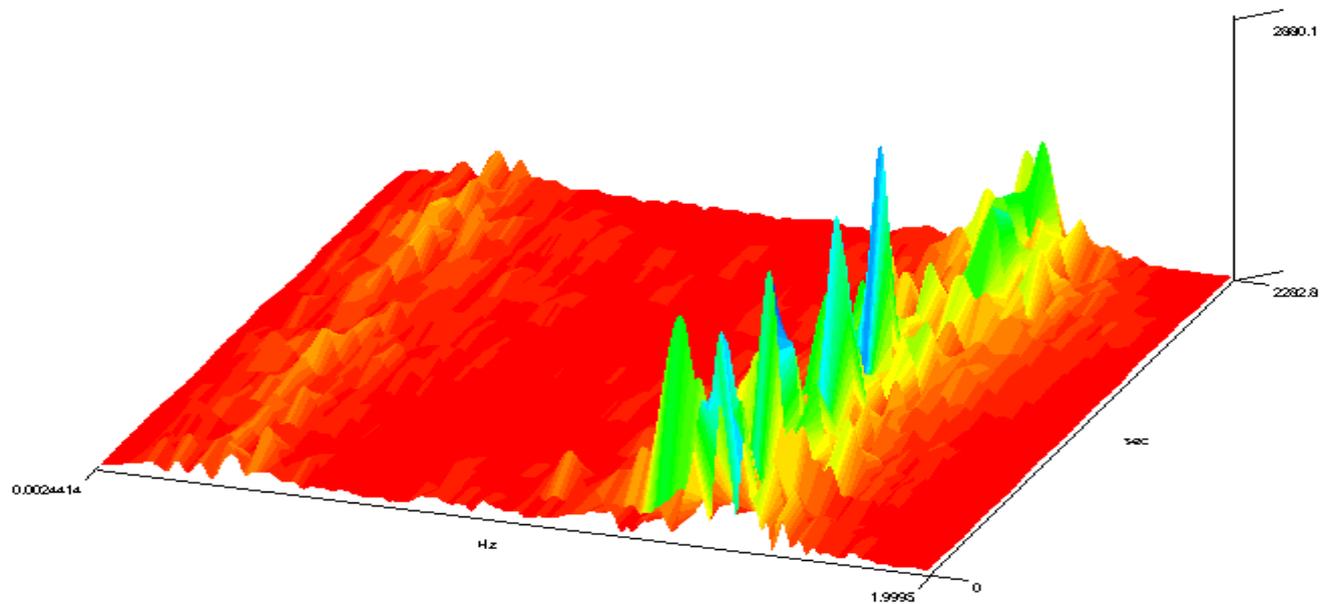
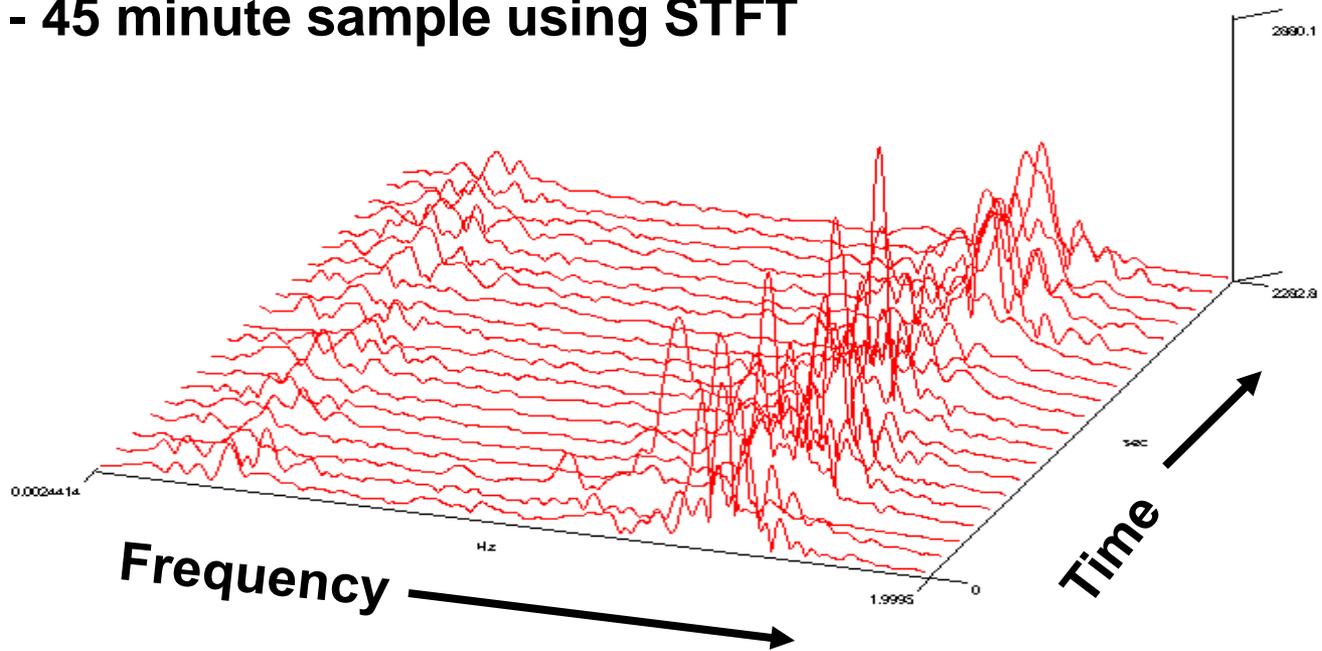
**Why 2 peaks?**

**45 minute sample**

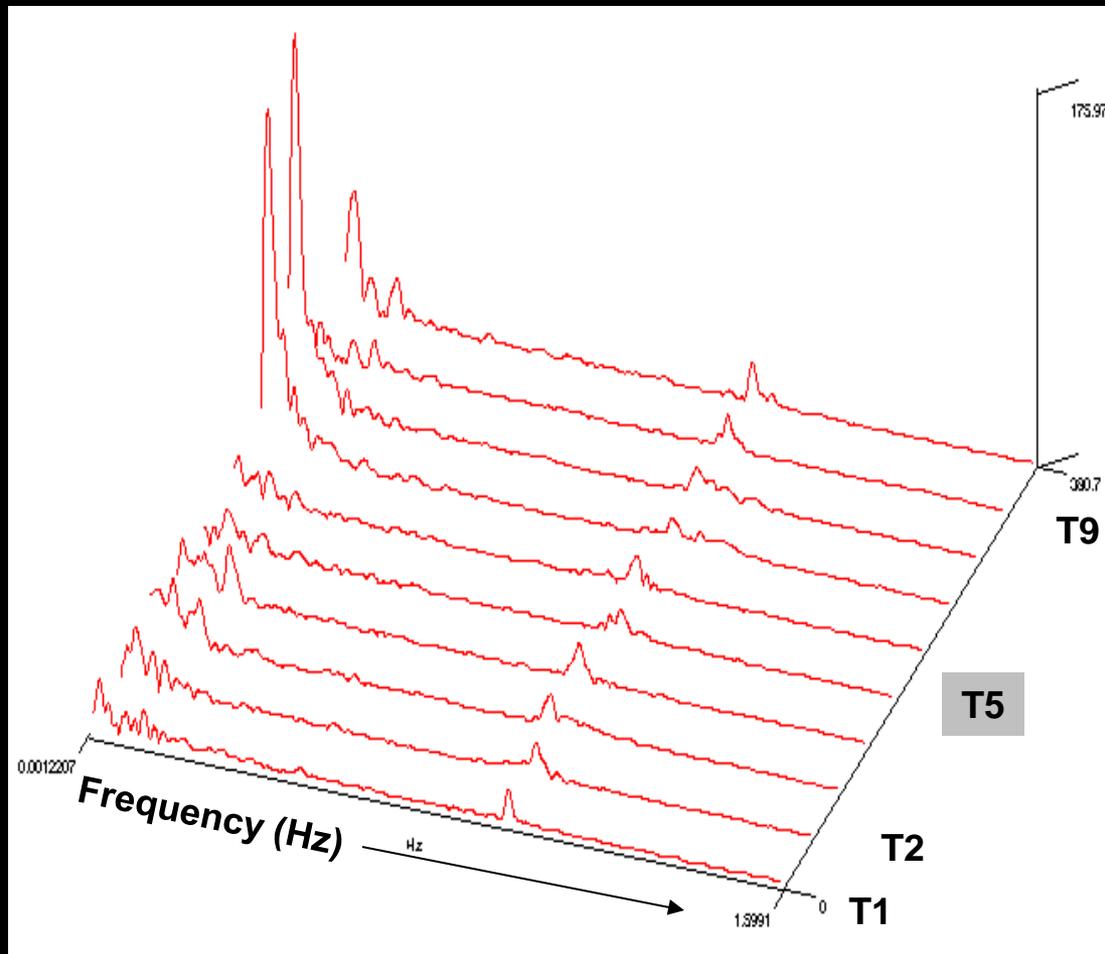
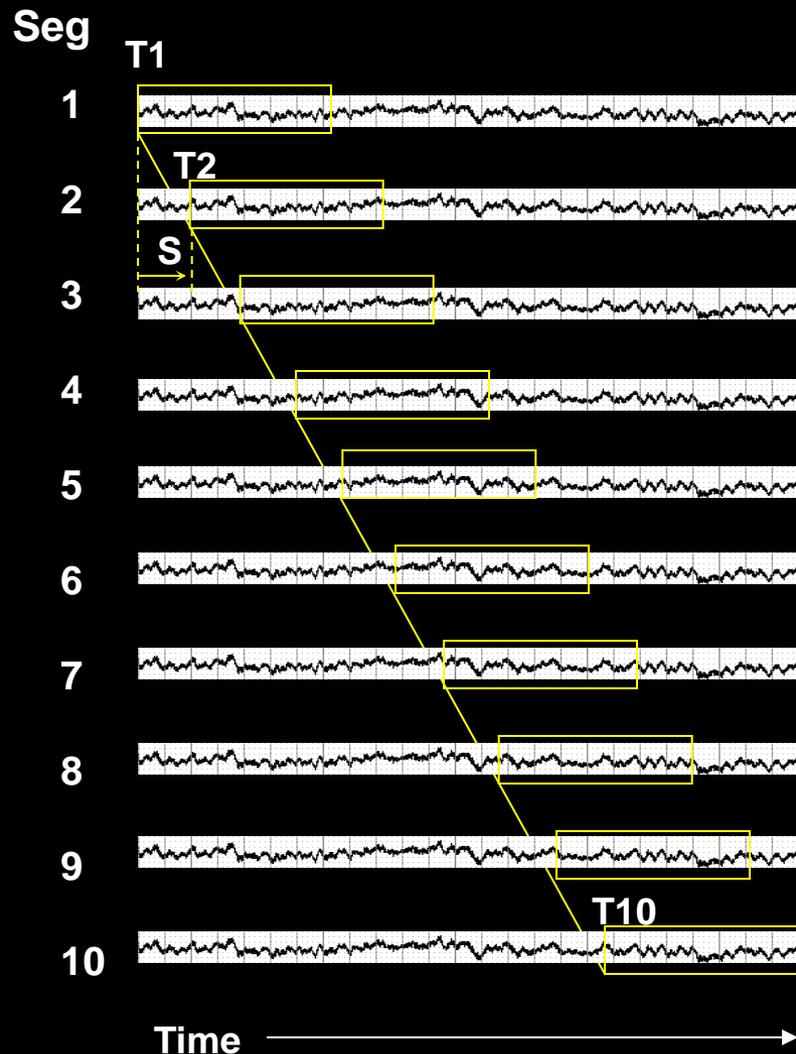
**Physiological signals whose spectral content changes with time**

**Principle of STFT**  
**Short Time Fourier Transform**

# PPG - 45 minute sample using STFT



# Principles of Short Time Fourier Transform Analysis



$$T_{\text{total}} = 20 \text{ minutes} = 1200 \text{ sec}, F_s = 20 \text{ s/sec}$$

$$N_{\text{precision}} = 16384 = 16384/20 = 819.2 \text{ sec}$$

$$F_{\text{precision}} = (1/819.2) = 0.0012 \text{ Hz}$$

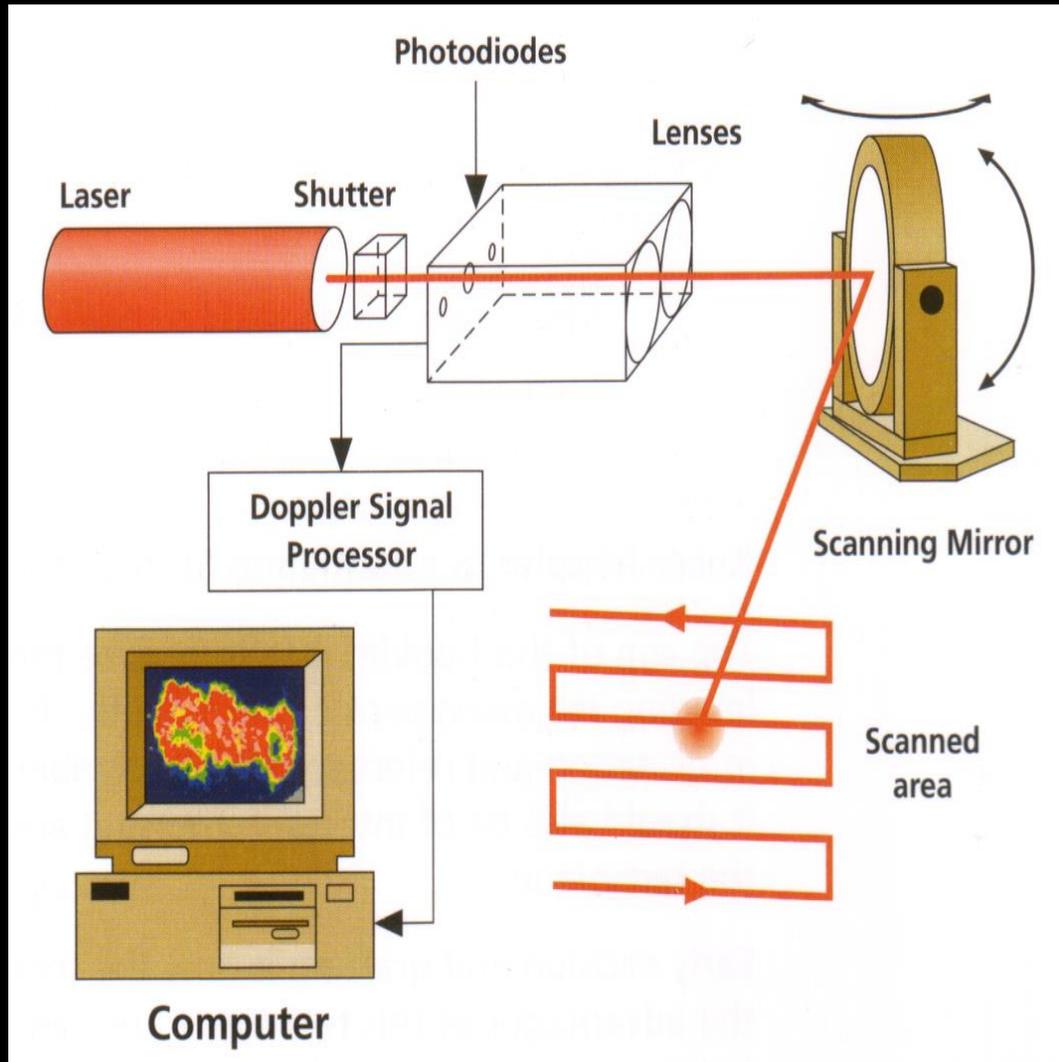
$$T_{10} = T_{\text{total}} - N_{\text{precision}}/F_s$$

$$= 1200 - 819.2 = 380.7 \text{ sec}$$

$$= (N_{\text{segs}} - 1) \times S = 9 \times 846/20 = 9 \times 42.3 \text{ sec} = 380.7 \text{ sec}$$

# **Laser-Doppler Imaging**

# Laser-Doppler Perfusion Imaging



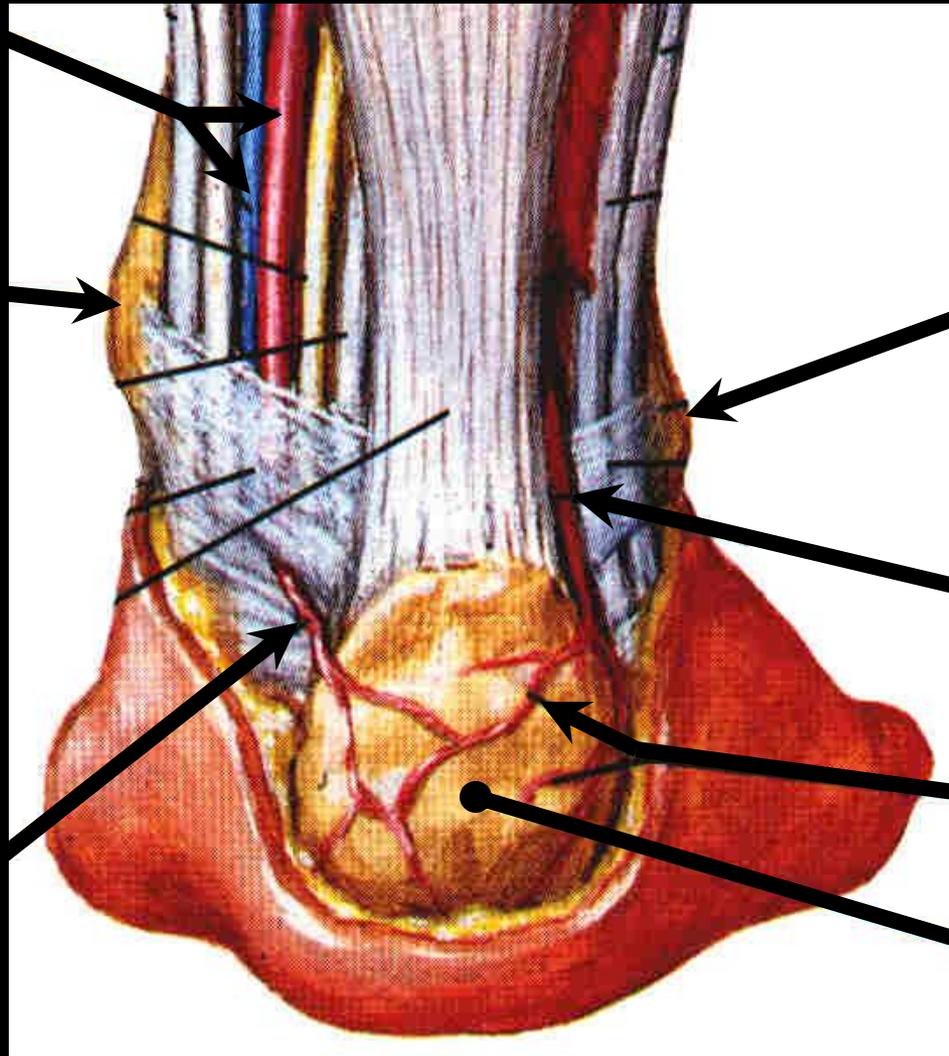
A laser beam is directed onto a mirror, the position of which can be changed by two motors. The computer moves the mirror to scan the spot in a raster pattern across the tissue being sampled. Moving blood in the tissue causes a **Doppler frequency shift**. This signal is collected by the mirror and focussed onto photodiodes.

# Heel Target

**Posterior  
Tibial  
A & V**

**Medial  
Malleolus**

**Calcaneal  
Branch  
of PT**



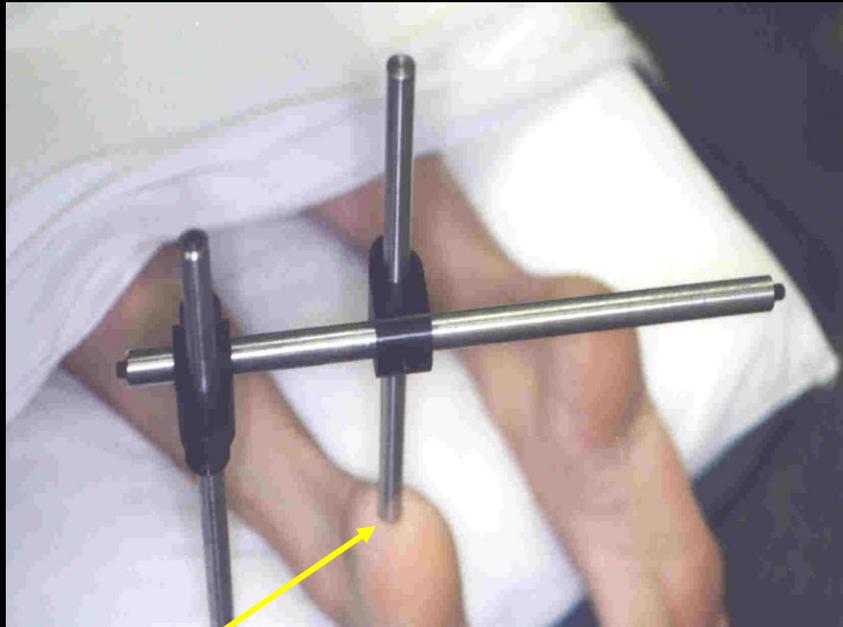
**Lateral  
Malleolus**

**Peroneal  
artery**

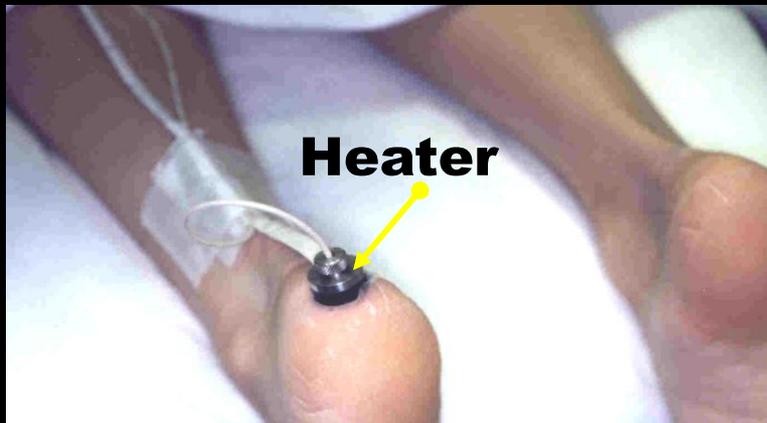
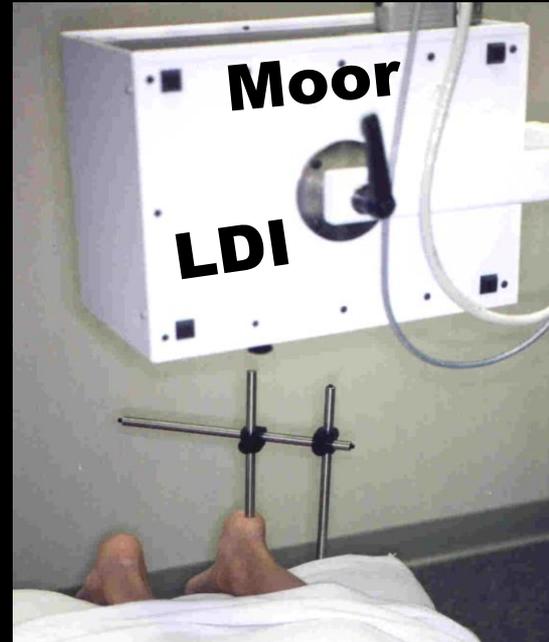
**Calcaneal  
Branches**

**Calcaneal  
Tuberosity**

# Local Loading & PCH via LDI

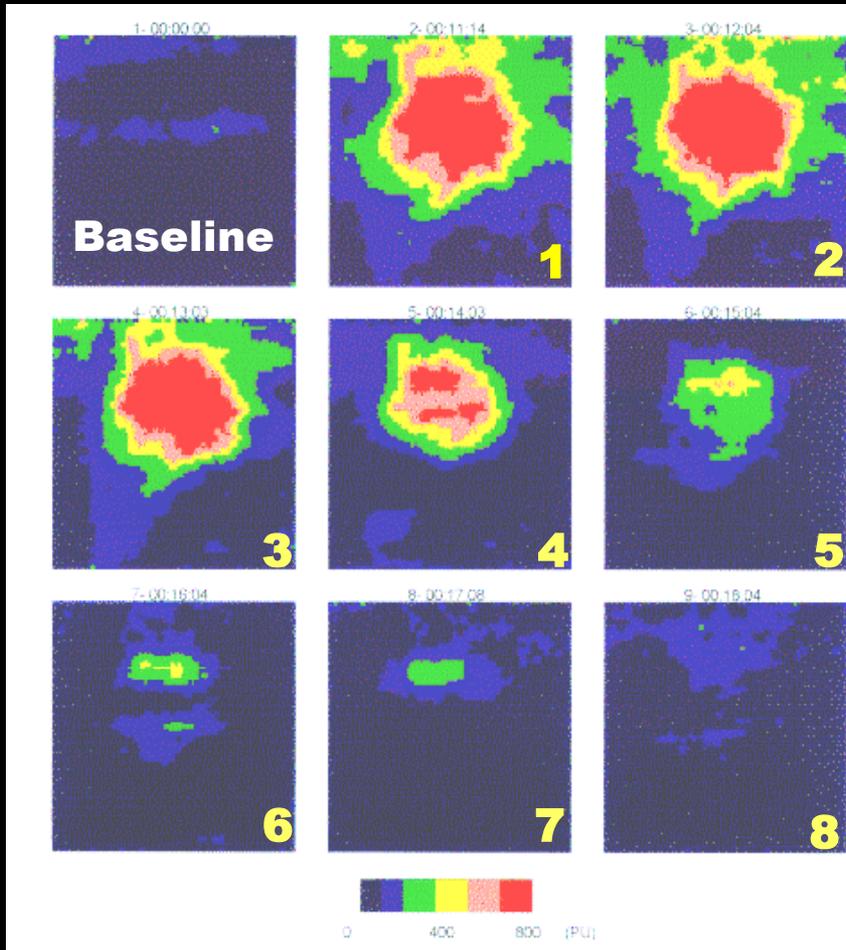


**Load Placement on Heel**

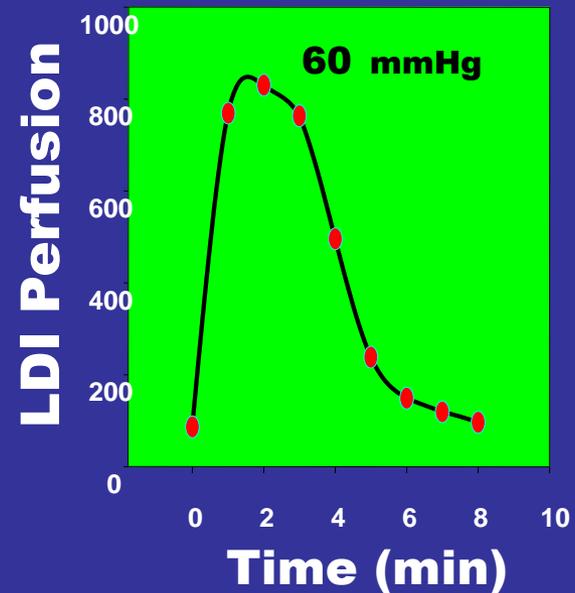


- **Baseline - No Load**
- **Vary P and  $\delta$**
- **PCH**
- **Heat Response**

# Heel Hyperemia After 10' Local Loading with 60 mmHg

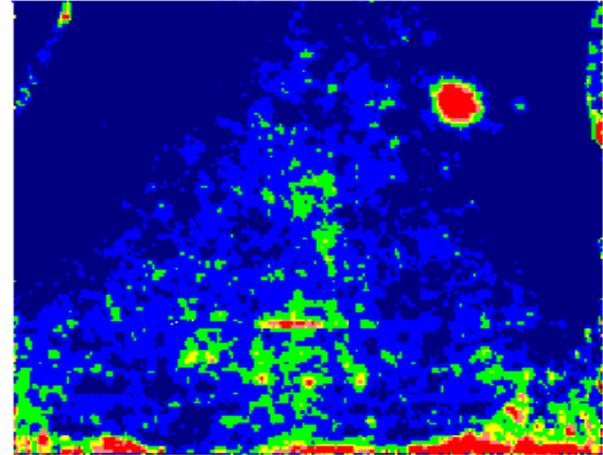
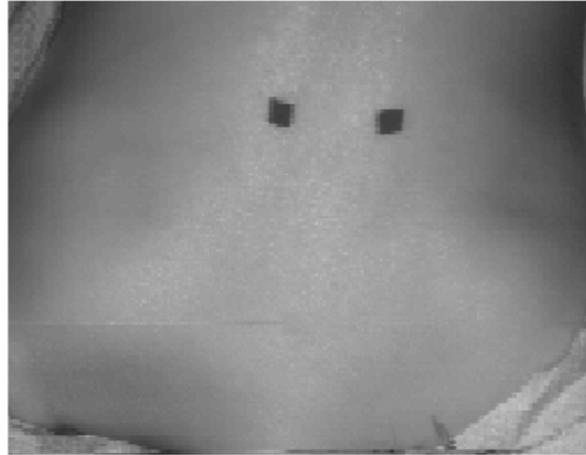


## Temporal Response

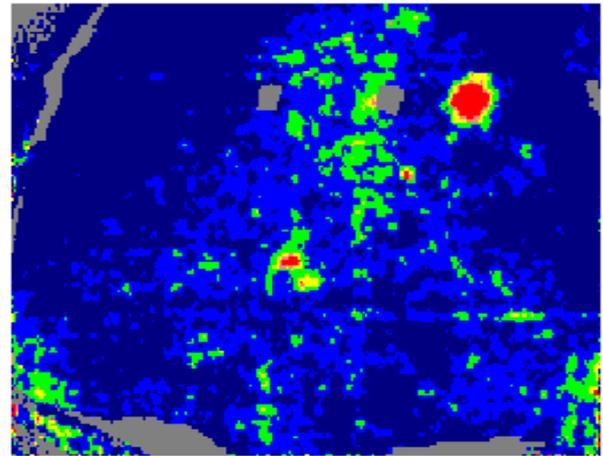
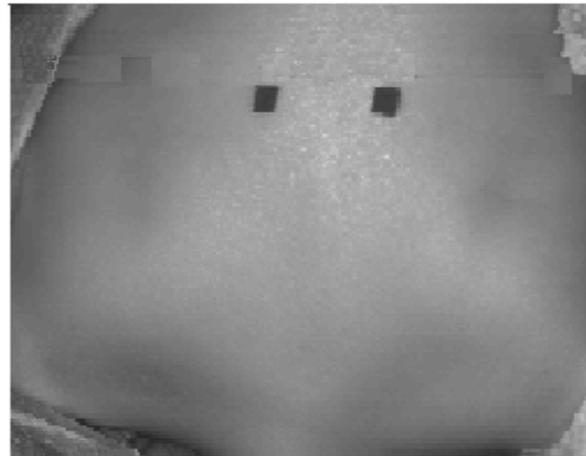


# PRE-LYING BLOOD PERFUSION

**STATIC  
SURFACE**

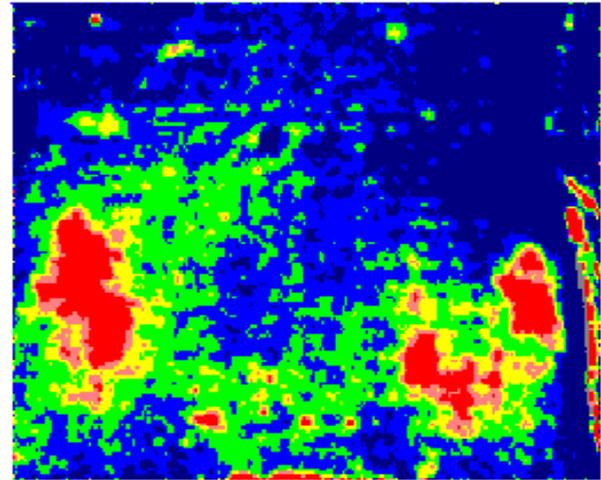
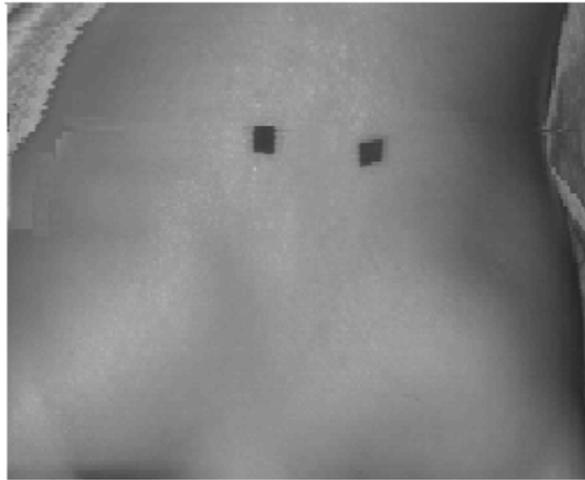


**DYNAMIC  
15 cycle/hr**

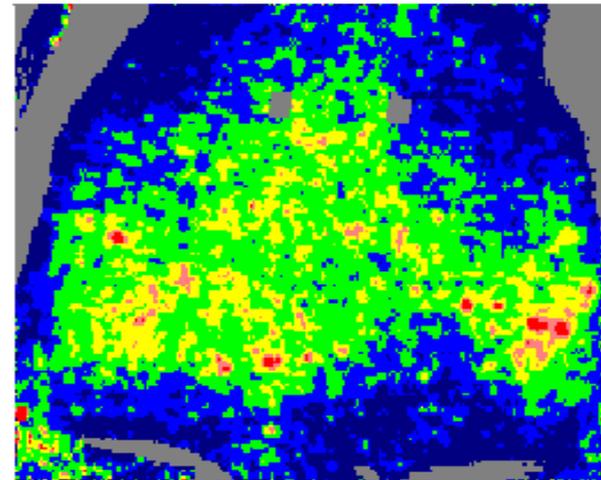
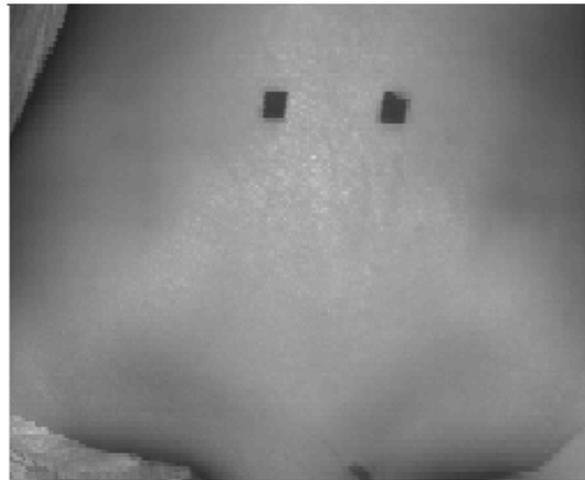


# TWO-HOUR SUPINE LYING

**STATIC  
SURFACE**

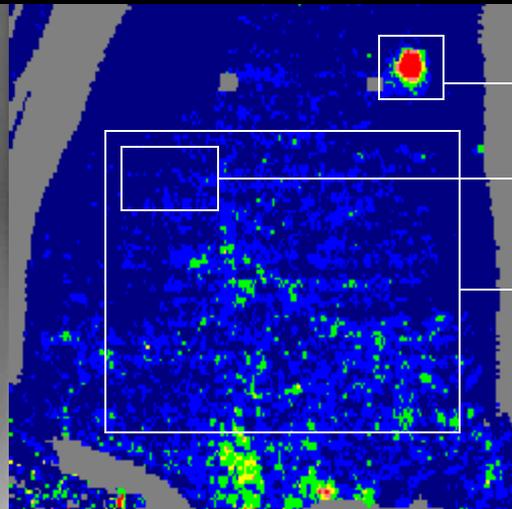


**DYNAMIC  
15 cycle/hr**



# Quantifying LDI Data

**Before  
Supine  
Bedlying**



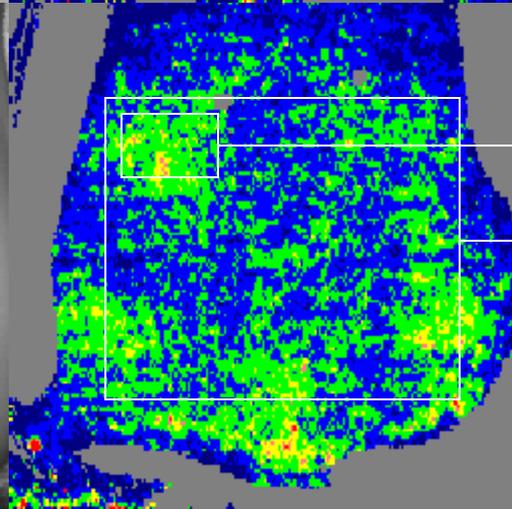
**Heat reference**

435 p.u.

26 p.u.

38 p.u.

**After  
two hour  
Bedlying**



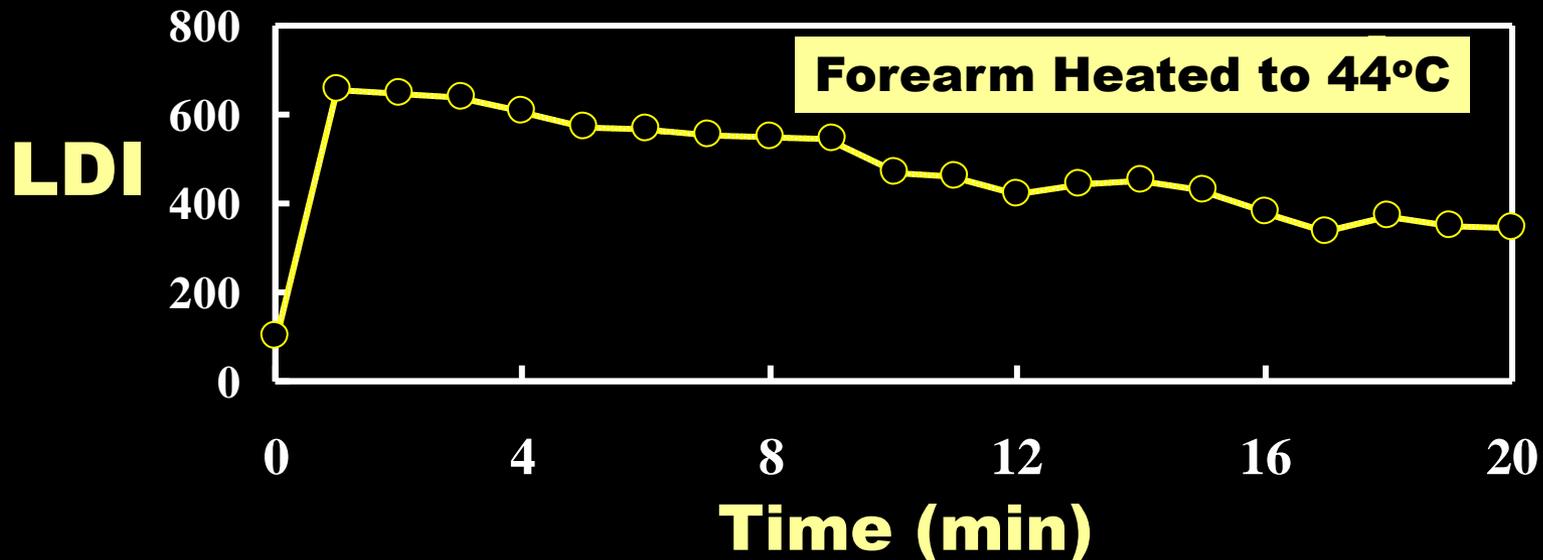
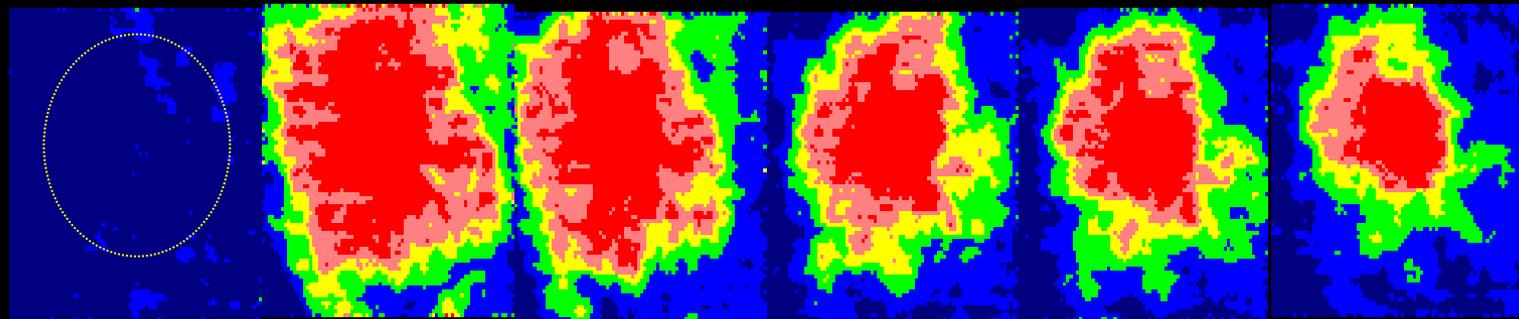
115 p.u.

92 p.u.

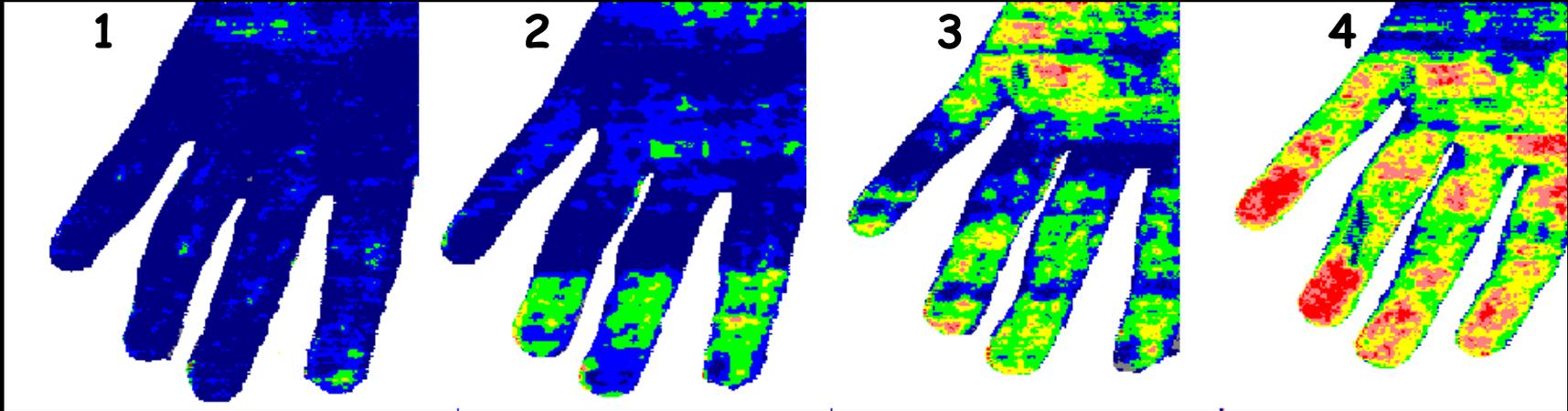
**Scan area = 33 x 25 cm<sup>2</sup>**

# LDI Perfusion Images

## Local Heating



# Whole Hand Heating



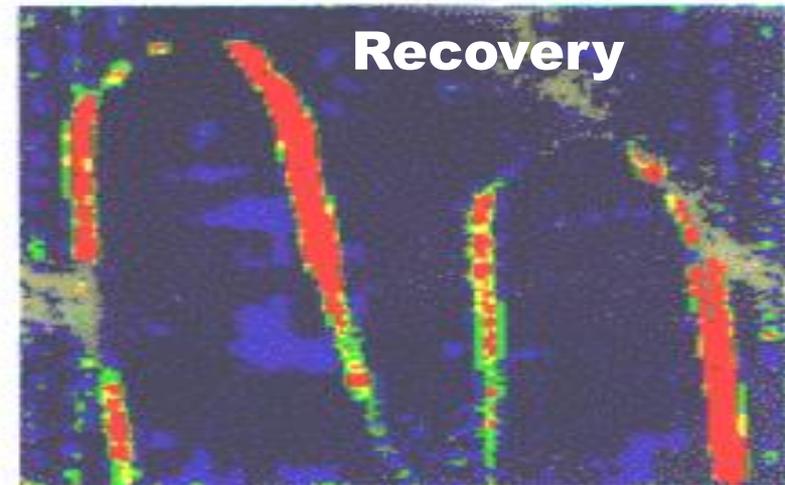
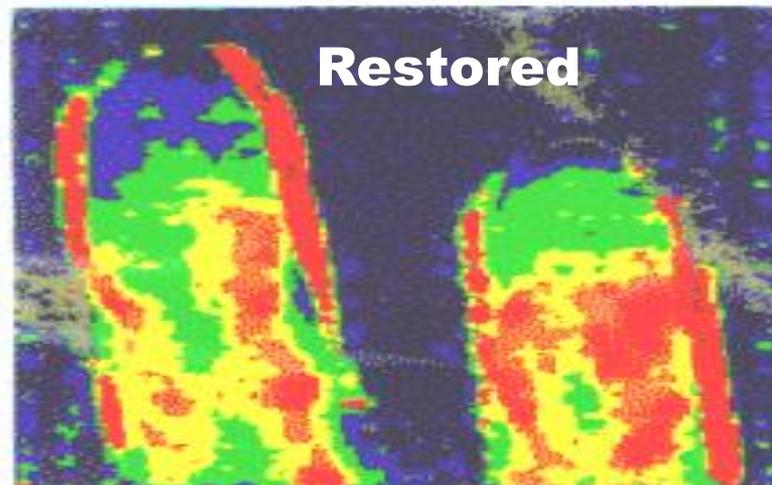
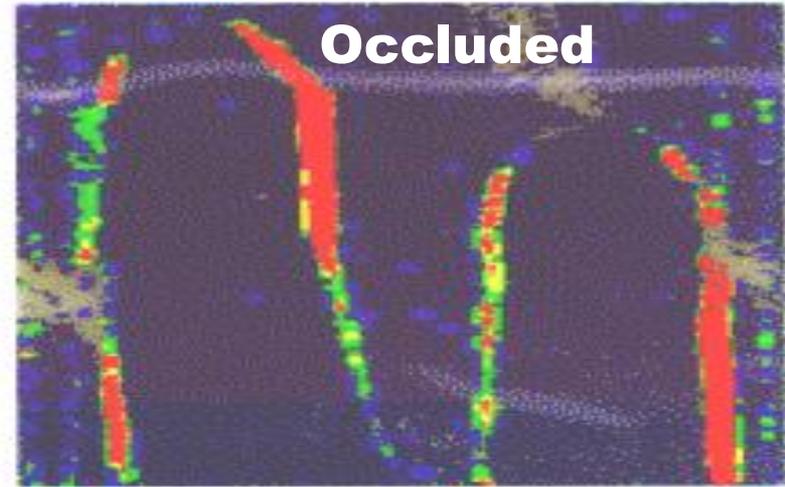
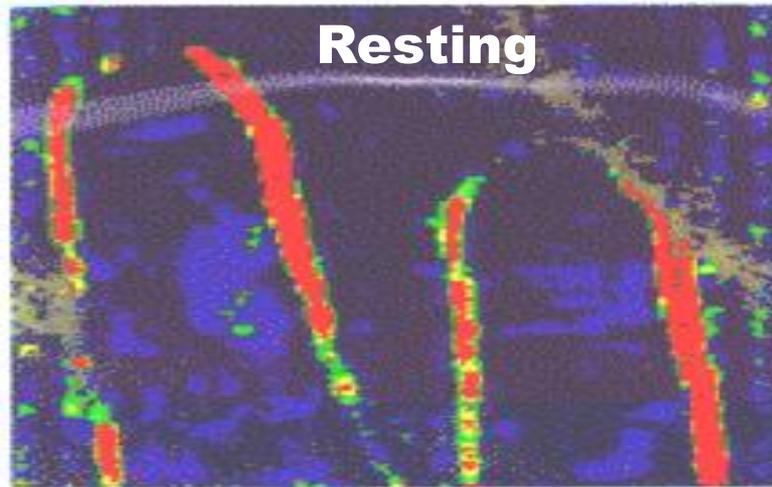
Hand being warmed

Index Finger Average  
Blood Perfusion



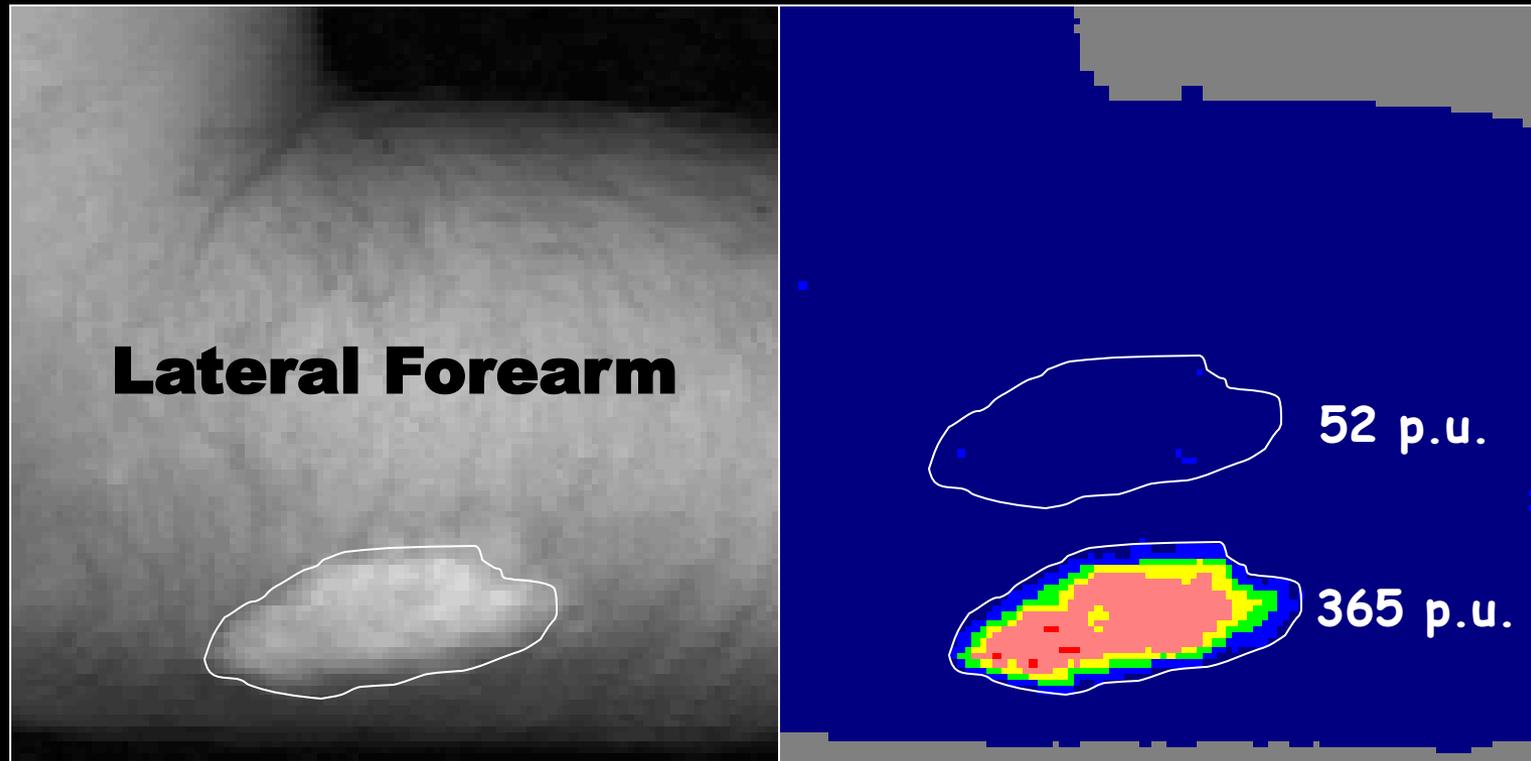
# LDI Perfusion Images

## Flow Arrest



0  500

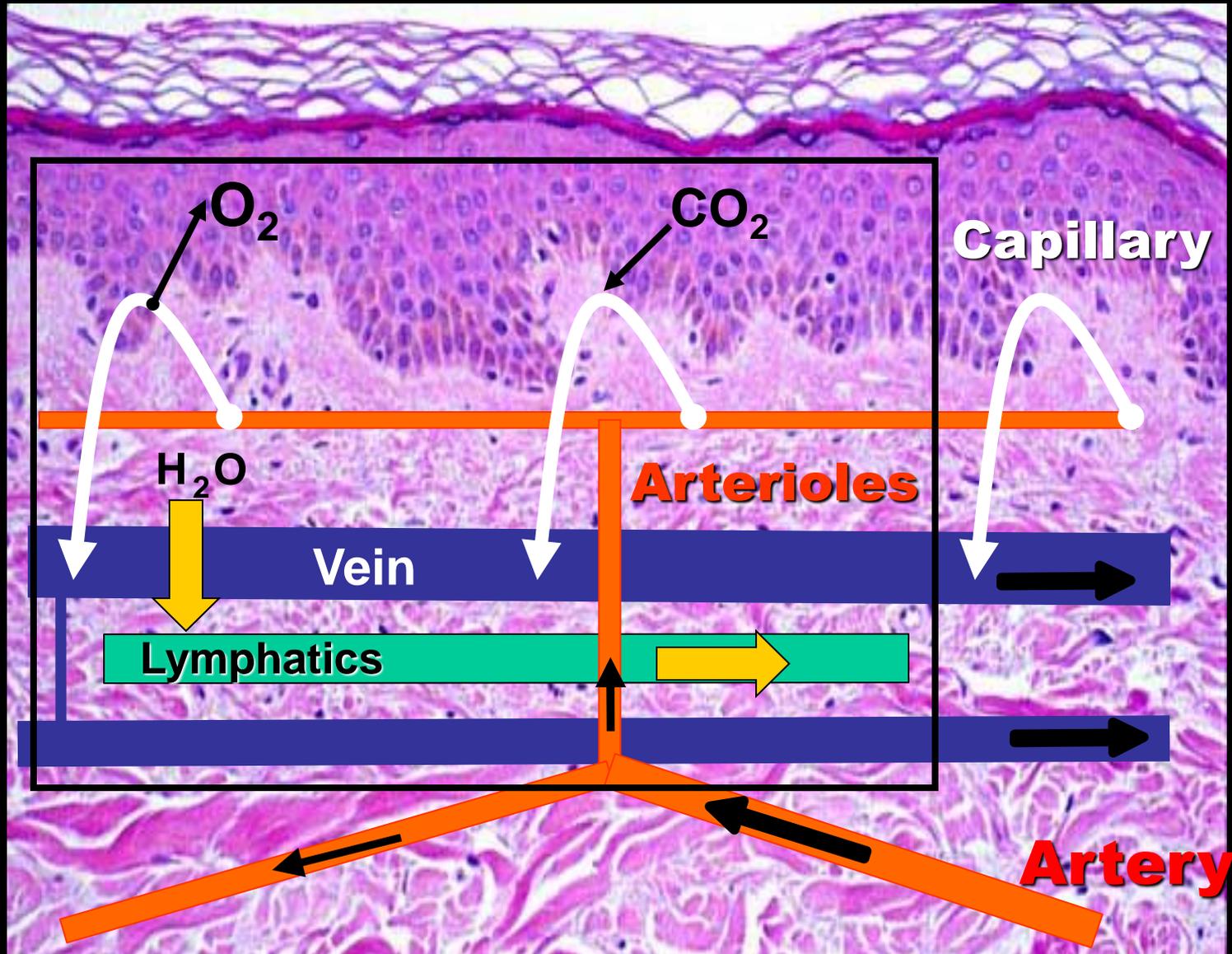
# Epithelialized Acute Wound



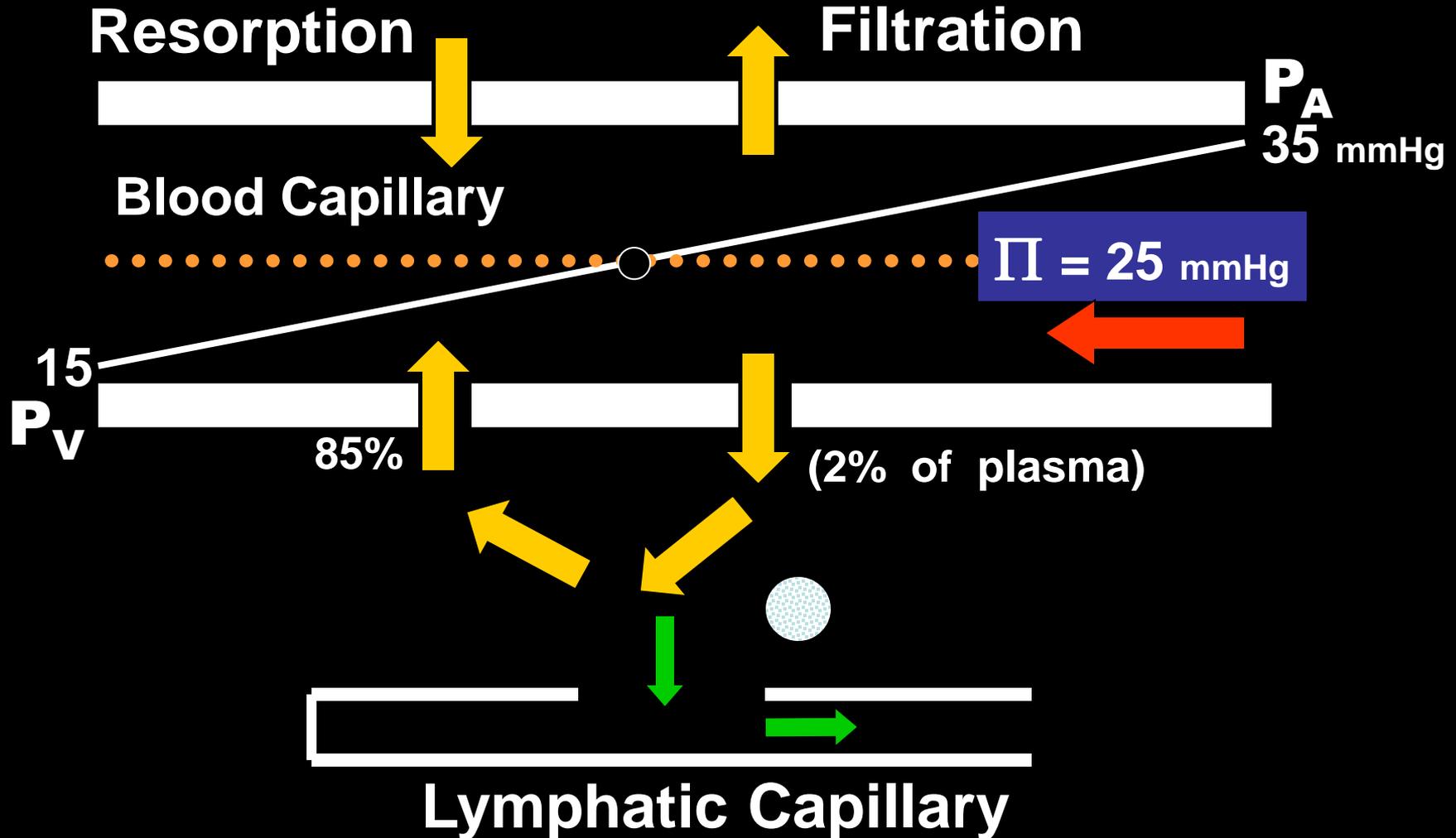
**Ten days after wounding**

# Lymphatic Function

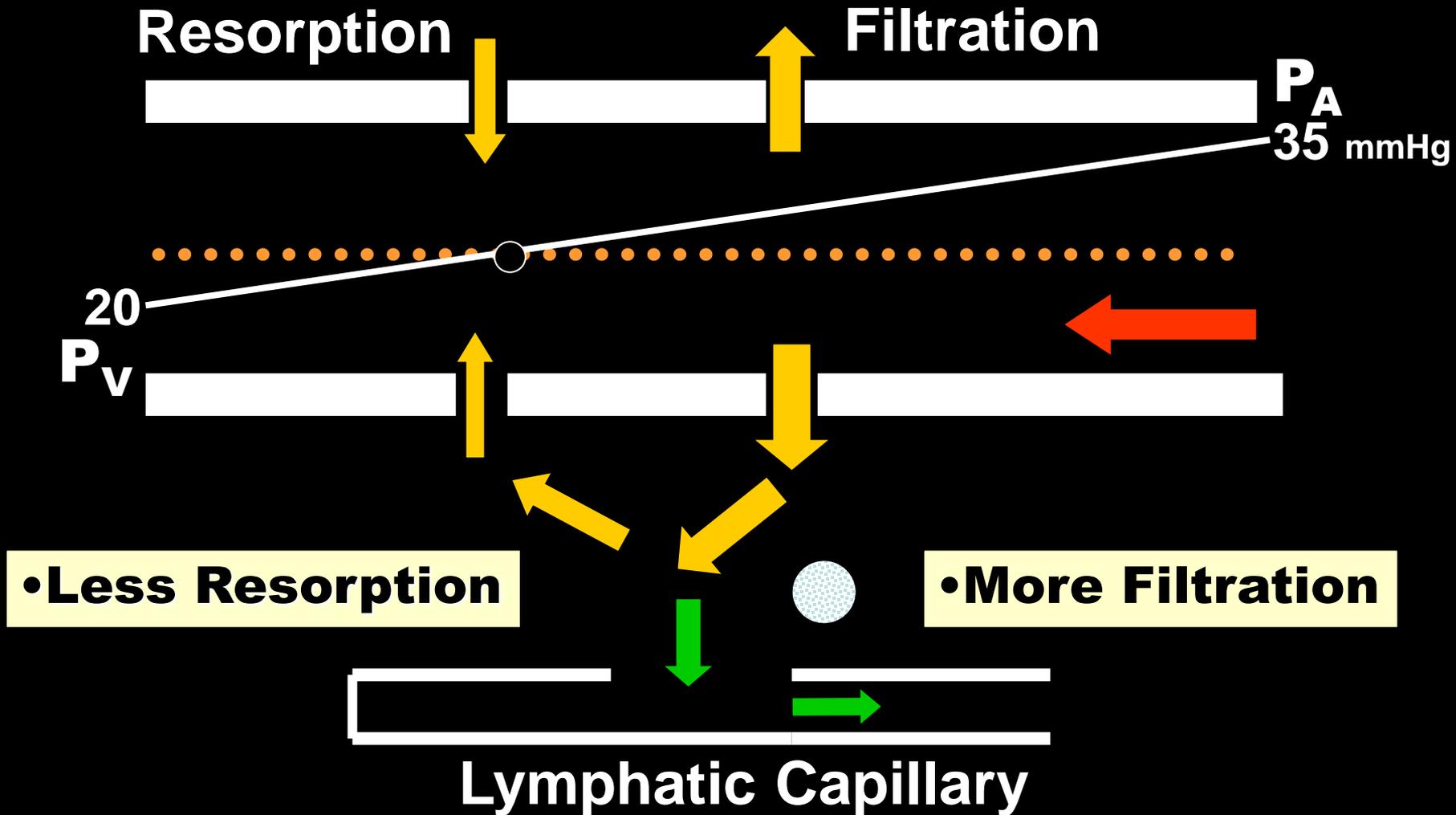
# Circulation Schema



# Fluid Balance



# Increased Venous Pressure or Capillary Permeability



# If Net Filtration Exceeds Lymphatic Transport Capacity

**Overload = Edema**

**+ [Protein]**

**= Lymphedema**

## **Therapy Options**

- **Reduce Filtration**
- **Increase Transport**





# Tissue Properties

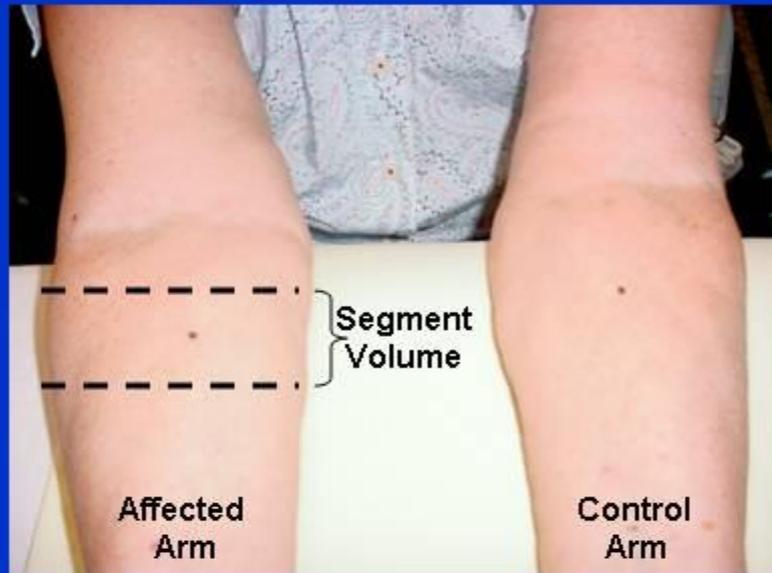




05/31/2005

# Tissue Water

# Unilateral Postmastectomy Arm Lymphedema



**%Edema = (Affected-Control)/Control**

**N= 10, Edema Range: 9 – 69%**

**Mean  $\pm$  SD = 39.6  $\pm$  18.5%**

**Segmental Volumes**

**Affected: 274.4  $\pm$  52.5 ml**

**Control: 198.8  $\pm$  42.0 ml**

**p-value: <0.0001**

*Dr. H. N. Mayrovitz College of Medical Sciences  
Nova Southeastern University, mayrovit@nova.edu*

**That's All Folks!**